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National Sorority of Phi Delta Kappa, Incorporated

JULY 2021 NEWSLETTER



Be Blessed!

Dear Sorors,

As I leave this position, as Supreme Basileus, I want you to know how much I have enjoyed each and every moment of the past four 4 years. It has been challenging, but who said one can't and shouldn't enjoy challenges. I believe challenges provide the opportunity for growth. As I have been challenged, I know you have been probably challenged in many more ways.

We have not been alone in our state of unusual anxiety during the coronavirus medical pandemic, nor the racial hatred that was brought on by another type of pandemic, and seeing our students in a state of confusion, instability, and often, used as pawns for the not so good in our country. But through it all we persevered, we rode the tide of change, and are now on the brink of normalcy. We didn't give up when our families were in distress, our jobs were uncertain, politicians forgot the meaning of truth, and our students were getting further behind academically.

I want you to know that our sorority thrived in the midst of the turmoil. And that's because of you and your commitment to education and our students. You, my sorors, rolled up your sleeves, became proficient in technology, adjusted to flexible schedules, and leaned on each other for sisterly support. Our chapters inducted a record number of new sorors this year; there were three 3 new chapters chartered and added to our organization, and more new programs that involved our sorors in different ways because of you and your interests.

Sorors, I sincerely thank you for your support and for making the changes in our organization become enjoyable. I am not going anywhere, but onto the National Executive Adviser's position to continue to witness the growth and outstanding new ventures that are ahead for the National Sorority of Phi Delta Kappa, Incorporated.

I look forward to seeing you at the 98th Anniversary Conclave, the first virtual Conclave. I can't wait until 2023 for the celebration of our Centennial Anniversary.

Be blessed and continue to **Move NSPDK Forward....Together!**

Love You All,

Etta F. Carter, Ph.D.

26th Supreme Basileus

July

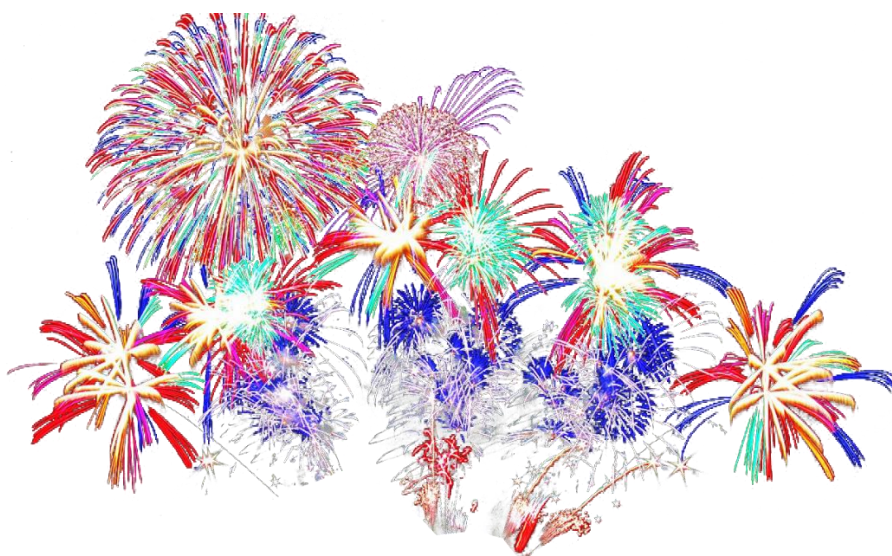


National Minority Mental Health Month is observed in July as a nationwide effort developed by Mental Health America. It hopes to bring to attention the multitude of mental health experiences within BIPOC communities. The month also takes into consideration the unfair inequities such as systemic and historical barriers that negatively impact a person's mental health. The concerns and traumas faced by the marginalized, oppressed, and disenfranchised people are unique and need to be addressed as such. It is important to have professional and empathetic mental health caregivers to help overcome mental health issues and faulty diagnoses.



Americans come together on **July 4** to celebrate the nation's birthday and Independence Day. On this day, most Americans enjoy grills in their backyards, at beaches, or in parks. Some partake in parades or marches and enjoy the fireworks that are often launched at dusk. We kick off the festivities with details, trivia, and anything else you need to know about Independence Day. Happy Fourth!

The National Grilling Month, which falls in July, is an invitation to eat delicious foods made on the grill. Yes, it's already hot, and we are telling you to stand near a source of heat to prepare food. But if you can't beat it, you can strive to make it better, and food makes any situation better. Invite your family and friends for a day out. Plan fun games and play some music as you fire up the grill. While you're at it, you can try new recipes as you enjoy the outdoors. Grilling is actually so much fun and convenient that it was invented soon after the domestication of fire, and this was some 500,000 years ago.



National Sorority of Phi Delta Kappa, Incorporated



**Dr. Etta F. Carter, Supreme Basileus
National Executive Council**



and
National Sorority of Phi Delta Kappa, Incorporated Family

Welcomes

Zeta Epsilon Chapter - 143rd Link

Zeta Zeta Chapter - 144th Link

Zeta Eta Chapter - 145th Link

in the

National Sorority of Phi Delta Kappa Incorporated



Zeta Epsilon Chapter- Neptune, New Jersey



Zeta Zeta Chapter - Rochester, New York



Zeta Eta Chapter - Westchester, New York



NATIONAL SORORITY OF PHI DELTA KAPPA, INCORPORATED



2ND SUNDAY MONTHLY PRAYER CALL



Dr. Tonya Chestnut
National Chaplain



Dr. Etta F. Carter
Supreme Basileus

6:00 PM CST

Ctrl + Click here to join: [Prayer Meeting](#)

Dial in by telephone: 1-312-626-6799 or 1-346-248-7799

Meeting ID: 865 4028 4084

Passcode: 260801

Hosted by Regional Chaplains:

Sandra Crocket (SW), Maggie Burnes (MW), Debra Moody (FW), Jerrie Foster (SE) Naydene Williams (E)



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W.A.I. T. TIME

WOMEN ANCHORED IN TRUST





VIRTUAL - NATIONAL MEETINGS

Organization	Day	Date	Time (Central)	Presiding
100 th Anniversary Centennial Committee	Thursday	July 15, 2021	10 AM-12 PM	Margarette Galloway, National Chair
Board of Trustees	Thursday	July 15, 2021	1 PM-4 PM	Charlotte M. Williams, President
National Anthropolos Board	Thursday	July 15, 2021	1 PM – 3 PM	Alexander Smith, President
National Executive Council Pre-Conclave	Friday	July 16, 2021	10 AM-3 PM	Dr. Etta F. Carter, Supreme Basileus
Perpetual Scholarship Foundation Board	Friday	July 16, 2021	10 AM-12 PM	Lisa Frieson, President
National Executive Council Post- Conclave	Wednesday	July 21, 2021	9 AM-12 PM	Dr. Etta F. Carter, Supreme Basileus

Virtual - 98TH ANNIVERSARY CONCLAVE

Host Region – Southeast Host Chapter: Beta Xi Orlando, Florida
July 17 - 20, 2021

<u>Saturday, July 17, 2021</u> National K.O.T. Conference 10:00 AM – 3:00 PM	<u>Sunday, July 18, 2021</u> Worship Opening Ceremony - PM	<u>Monday and Tuesday</u> <u>July 19 -20, 2021</u> Business Sessions Special Events and Programs
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TEACHER RESOURCES

MENTAL HEALTH

Breaking the Cycle of Silence Around Black Mental Health

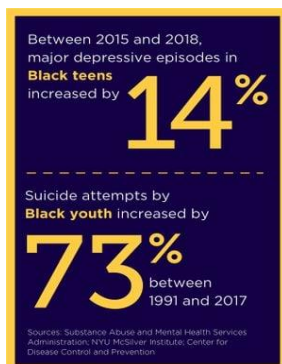
Data shows that Black youth are especially prone to develop mental health issues but less likely to seek out or receive the specialized services and care they need. By [Paige Tutt](#) June 10, 2021



On the Sunday before Chicago Public School students returned from spring break in 2014, five middle school students were hanging out in a neighborhood park when shots rang out in the vicinity. Two students were wounded by gunfire.

Only a few hours later, Tynisha Jointer, a social worker in the district, heard about the shooting on the local news and sprang into action. She and colleagues quickly arranged to visit the victims and their families in the hospital; she stayed up until 2:00 a.m. putting together a

plan to support their classmates at school.



After an emergency morning meeting with school staff, Jointer's team invited middle school students to a conversation circle to talk about the shooting. But when it came time to speak, Jointer sensed a pervading sense of apathy in the room.

"We got in front of the kids, and they said, 'Why are y'all doing all of this? Nobody died,'" remembers Jointer, now a behavioral health specialist. "It shook me to think that my kids had normalized getting shot, normalized going to funerals of fifth graders, normalized the violence in communities."

©Edutopia The normalization of trauma is far too common among Black youth, who data shows are at higher risk for mental health issues due to disproportionate exposure to illness, poverty, toxic stress, and racism. One in every three Black children in the United States has been exposed to two to eight adverse childhood experiences (ACEs), which can have serious long-term effects on a person's health for the rest of their lives.

But according to experts, the stigma around mental health, the absence of specialized services, and the fear of discrimination or abuse mean that Black youth and families are less likely to seek out—or actually receive—the mental health services they need. Studies also suggest that Black youth and their families are less likely to be referred to mental health services than their White counterparts—and even when they receive referrals, they are less likely to follow through.

"In our society, we have marginalized and even ostracized those who struggle with mental health," says Dr. Michael A. Lindsey, executive director of New York University's McSilver Institute and a nationally recognized researcher on Black youth mental health. "We know there has been historical

marginalization and contemporary, current discrimination against people of color. But then if you're a person of color who also struggles with a mental illness, it's like a double stigma."

RETHINKING SCHOOL PRACTICES

Though schools have increasingly become an important source of mental health care for students, targeted outreach to address the mental health of students like Joiner's can be rare.

More than 14 million students, most of them living in low-income or rural areas, attend schools that have no counselor, nurse, psychologist, or social worker, but the services are needed more than ever, according to data. In the three years between 2015 and 2018, major depressive episodes in Black teens increased by 14 percent, and suicide attempts by Black youth increased by 73 percent between 1991 and 2017. For all age groups of Black Americans, reports of serious mental illness have been on the rise for more than a decade.

"Our young Black people are scared, worried, overwhelmed, and concerned about their place and space in the world," says Joiner. "Without proper platforms to unpack the stress and traumas they have endured, we will see more young people in crisis."

In order for schools to effectively support Black youth, experts say, they must provide services that recognize the unique cultural and social barriers these students face, both within their communities and within K–12 schools.

Yet schools aren't always seen as a safe place, especially for Black students, says Micere Keels, an associate professor at the University of Chicago who works with local schools on trauma-informed practices. Data shows that Black students are significantly more likely to be suspended or expelled than any other racial group, which can seriously impact their sense of well-being and push them to disengage or even drop out of school.



©Edutopia

Sometimes behaviors punished by educators are actually a symptom of mental health challenges but are incorrectly labeled as "acting out" or perceived as "choice behaviors that children could manage if they wanted to," explains Keels. Children who have experienced trauma may be triggered in a school setting and exhibit emotional responses that are seen as erratic, unpredictable, and, at times, explosive.

"When Black children exhibit certain behaviors, they're deviant and defiant, but when White children do it, they're exploring and expressive," says Joiner, who recommends that schools review policies and practices undertaken by staff to determine if they are culturally responsive and consistently implemented fairly in all student populations.



Courtesy of Niagara Falls City School District

Three new diversity benches at Niagara Street Elementary School serve as a reminder of the importance of celebrating multiculturalism and diversity within the community.

In that vein, Superintendent Mark Laurie requires that teachers (and soon, noninstructional staff) in the Niagara Falls City School District in New York complete a three-part series—mental health first aid, trauma-informed care, and diversity and implicit bias training—so they can support the mental health of their Black students with a trauma-informed, restorative lens.

Laurie's district, which serves predominantly students of color, has also tried to offer as many extracurricular activities as it can, providing more sets of eyes to watch over and build relationships with the most vulnerable students in the schools' population, Laurie says.

TEACHING EMOTIONAL SELF-AWARENESS

In a recent study, fewer than half of Black students polled said they felt comfortable reaching out to a teacher if they needed mental health support, and less than 40 percent felt comfortable reaching out to a counselor.

There are messages about "not airing your dirty laundry in public," says Lindsey of the Black community, which "make one apprehensive about even acknowledging a mental health-related challenge."

As a child, Principal Tia Corniel says, she often felt that her emotions were controlling her, something that regular, normalized conversations about her feelings might have helped with. "I don't ever remember having a class where I was explicitly taught about emotions, where they came from, how to identify them, how to label them, and then how to work to regulate them," she remembers.

To change this dynamic, Corniel has rolled out the RULER program for social and emotional learning (SEL) at Pine Hills Elementary School in Albany, New York. The method walks K–8 educators and students through the process of developing five key emotional skills: Recognizing, Understanding, Labeling, Expressing, and Regulating emotions. The school has also made the necessary scheduling adjustments: Every classroom now has a dedicated block of time for social and emotional learning, scaling access for the school's largely Black population, which in the past has not received these kinds of services.

This year and last, the Step-Up program, which provides mentorship and mental health support for teens of color, was able to purchase tablets for student participants.

Likewise, the Step-Up program, a youth development and mental health support program that works with schools in New York City, has found that time and language matter when it comes to helping marginalized communities overcome the stigma around mental health services.



When students first join the program, counselors, social workers, and staff are intentional in using language that is strength-based, moving away from the use of labels and terms that could spur a negative response in students or their families. Instead of “referring” students to the program, they now use the term “nomination”; instead of sessions with a therapist, students have a “one-on-one” with a “mentor.”

Additionally, the program aims to foster an understanding that mental health and wellness are inherently valuable, giving students a small stipend every time they attend sessions and activities. If it weren’t for the incentives, Marcus Harley, now a 23-year-old with a degree in social work, says he doesn’t think he would have attended. Harley began participating in the program when he was 14 years old, evolving from a participant to a counselor.

“Some of us, we didn’t have a dime to our name as soon as we got home,” he says. “It was important that someone let me know that my time is worth literally getting paid for.”

SCHOOLS CAN’T DO IT ALONE

Given the significant needs of students and their families, schools “do not have nor will they ever have the resources to meet all the needs of their students,” says Adonai Mack, senior director of Equity Services for the Association of California School Administrators. He recommends that districts work in collaboration with outside organizations such as mental health–focused nonprofits and universities with counseling centers to provide targeted resources.

These partnerships can also ease some of the barriers to accessing services for Black children and families, Mack explains. Schools that have a robust offering of mental health services statistically see an improvement in student attendance rates, reduced rates of detention or expulsion, and higher academic achievement in students, as well as an overall improvement in graduation rates.

Laurie in Niagara Falls, for example, partners with Gateway Longview, a nonprofit human services organization, to provide mental health counselors in all eight of the district’s elementary schools so that students learn and speak about mental health from a young age. He also makes a concerted effort to engage with Black students and families where they are by tapping into existing networks that they already trust, like the ministerial council at local churches.

And in Missouri, Art McCoy, superintendent of schools for the Jennings School District, has been rallying the local community to support his predominantly Black student population, where 100

percent of students are on free and reduced-price lunch. Since 2016, McCoy has raised approximately \$2 million in private funds annually to support numerous health and wellness initiatives within schools that include two clinics; dedicated mental health counselors for both students and staff; and access to free dental, vision, and therapeutic services (including parent-child interaction therapy) for all students.

These interventions not only support students and families holistically, but demonstrate that a family's mental health concerns are not shameful and are worthy of investment—perceptual changes that McCoy hopes will have long-term, systemic impact.

"Children, especially, don't know what they don't know," says McCoy. "When you enlighten them that they deserve to be able to walk to school and not fear gunshots or the threat of death or the loss of life, that they deserve to be able to not have anxiety as they do normal things, then they're enlightened toward what they have a right to that they may not have had before."

STUDENT ENGAGEMENT

Getting Students on the Road to Self-Advocacy

With some simple supports, students in grades 3 to 8 can take the wheel and assume some responsibility for their learning journey. By Adrienne Waller July 1, 2021

Wavebreakmedia / iStock



There are three key elements to teaching and empowering students in grades 3 to 8 on the journey to self-advocacy. First, they should reflect on who and where they are in their academic pilgrimage. Second, they need to have a wealth of tools to match their needs while naming the tools, asking for the tools, and properly utilizing the tools. Lastly, as educators, we are responsible for building a community where the students' voices are valued.

Each class is unique, and certain tools and options are better suited to one set of students than another. The most important thing is for you to find ways to move students into the driver's seat of their learning expedition.

IMPLEMENT MEASURES FOR STUDENT SELF-KNOWLEDGE

If you were to plan a road trip, you would start with locating where you are and understanding the vehicle that will get you to your destination. Education is no different. Students must understand

who they are as a learner. Being able to ask for what we need or enjoy starts with a strong understanding of self. In short, you can't advocate for yourself if you don't know yourself.

As educators, we are tasked with building opportunities for students to learn about themselves as learners. Consider some ways to help students identify their strengths and areas for growth:

- Learning interest inventories allow you and your students to identify areas of interest and ways of finding joy in learning and demonstrating that learning. When your students let you know their interests and the various ways they like to learn, you can incorporate those interests into your teaching methods. Doing so encourages enthusiastic participation.
- Exit tickets are quick assessments that help students identify whether they met the daily learning objective(s). Receiving feedback on their performance empowers them to ask questions or ask for additional support.
- Progress monitoring works similarly to exit tickets but can be used less frequently: It identifies the skills that your students have mastered, and which concepts need additional attention. You might already have this built into your curriculum or current structure. In that case, it's an opportunity to use a tool that's already available to you.
- Peer and self-assessment give students the opportunity to review their work against a set of criteria (rubric, checklist, or success criteria). Additionally, students can engage in discussion about mastery of skills. These types of assessments are great tools for student self-advocacy because they aren't reliant on you as the educator and allow students to evaluate themselves.
-

PROVIDE EASY-ACCESS EDUCATIONAL TOOLS

When you have a destination in mind, you need to pack in order to make sure that you have everything you need for the trip. Our classrooms can function in the same way for students. The tools they need go well beyond paper and pencils.

The following tools most effectively support self-advocacy when you make them readily available to your students. Store them in hanging file folders (or digital folders), on a bookcase, or in folders on tables. Be sure that students can get to these resources quickly and independently.

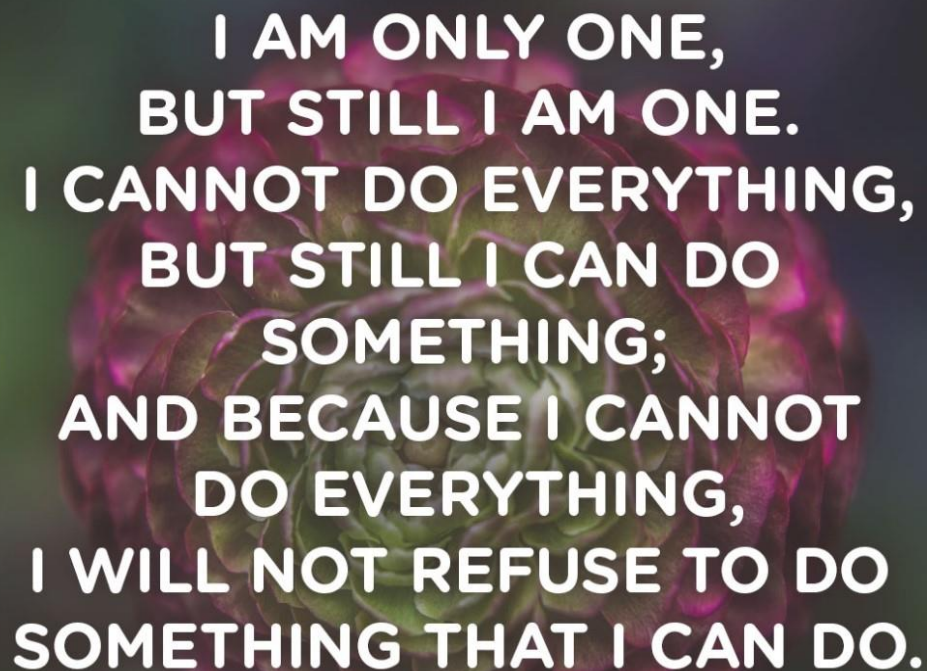
- Manipulatives and graphic organizers are useful hands-on tools for mathematics and English language arts to help students organize their thinking. For example, you might make place value mats available in math and use a story planner for English language arts.
- Audio recordings, magnifying paper, and highlighters provide accommodations for students with disabilities so that they can better access material. Be sure to take time to show students how and when to use each tool.
- Choice boards and learning menus showcase students' learning in various ways. You can diversify the ways that students demonstrate their learning by including tasks such as building, creating music, or drama.
- Timers allow students to manage their time on a particular task. Additionally, you can allow students to have flexibility in submitting assignments.

BUILD A COMMUNITY ON STUDENT VOICE

One of the best parts of a road trip is the amazing conversations that happen. Build in time and opportunities in your classroom for students to share and discuss their thoughts, ensuring that they feel safe to do so. Making time to amplify student voices allows you to understand your students' needs and wants while building their confidence to speak up and advocate for their learning.

- Daily check-ins (beginning or end of day) can get students engaged in discussions about how they feel, what they want to learn, and what they learned, and/or set goals for the next day.
- Reflection sheets can be incorporated into projects, classroom management, or after activities. Students have a chance to reflect on their learning and write about what they have learned. This also helps students process their academic and behavioral decisions.
- Sentence stems, starters, and word banks are very important for students who struggle to articulate their thoughts. Giving students some language to assist them in expressing their thoughts helps create a safe space for sharing and encourages more students to openly and honestly express themselves.
- Student-led discussions move teachers out of the conversation, and student leaders (this will require preplanning and support) can then guide their peers to dive deep into the conversation.

GEORGE LUCAS EDUCATIONAL FOUNDATION | Celebrating **30** years



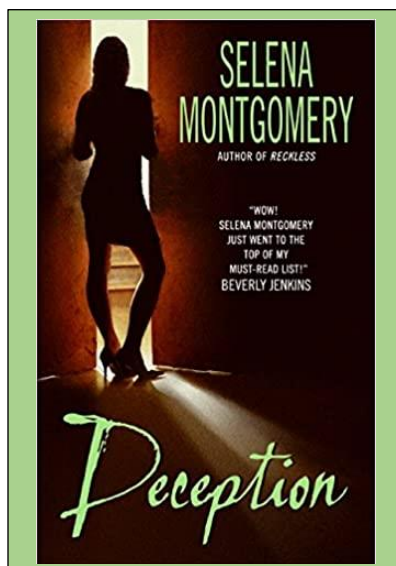
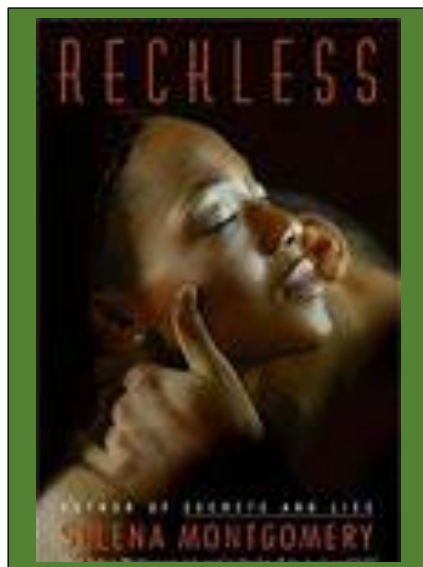
**I AM ONLY ONE,
BUT STILL I AM ONE.
I CANNOT DO EVERYTHING,
BUT STILL I CAN DO
SOMETHING;
AND BECAUSE I CANNOT
DO EVERYTHING,
I WILL NOT REFUSE TO DO
SOMETHING THAT I CAN DO.**

EDWARD EVERETT HALE

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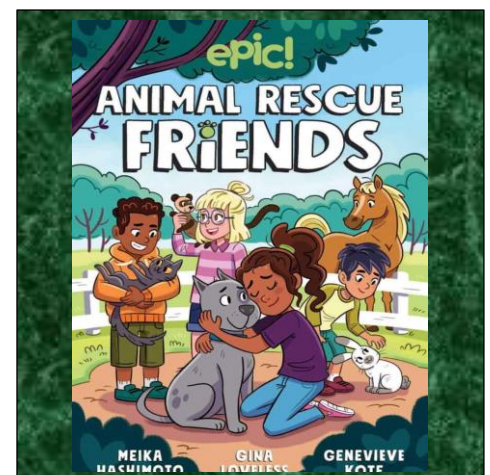
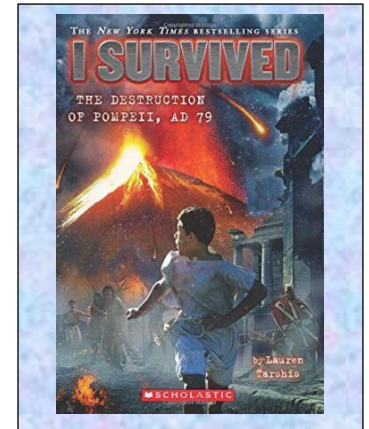
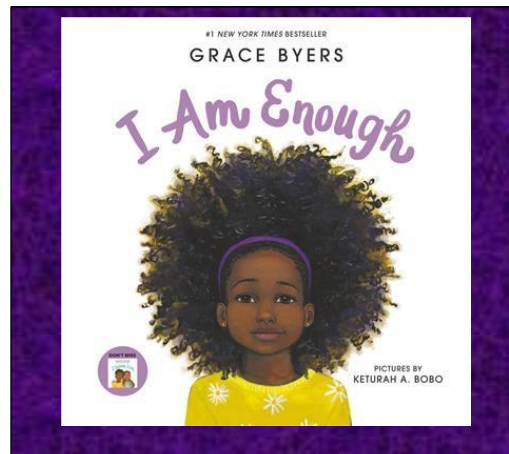
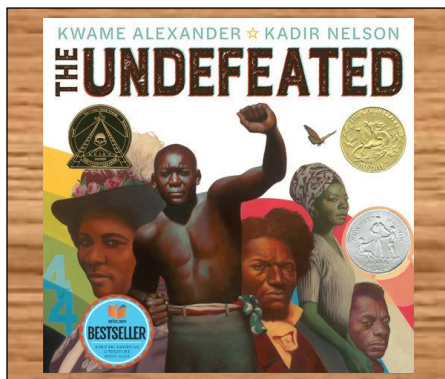
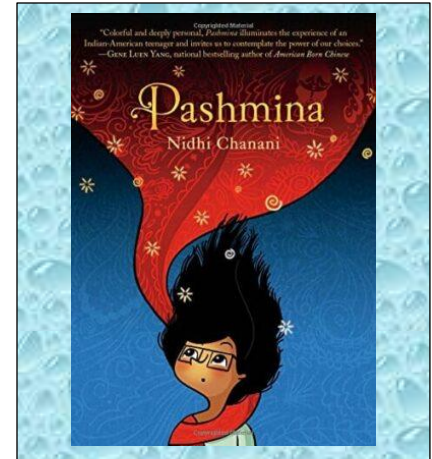
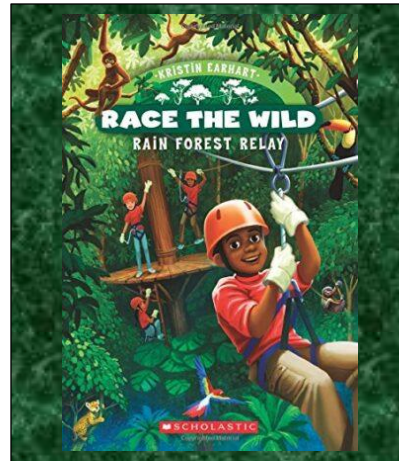
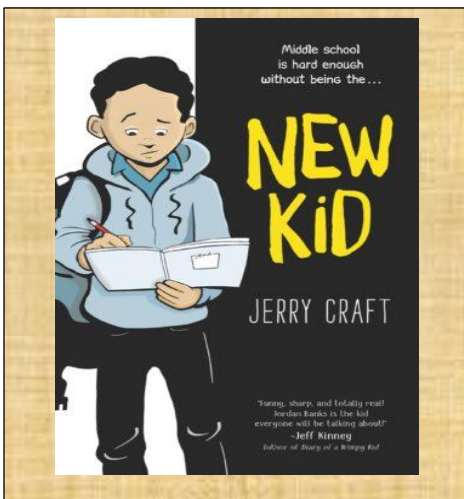
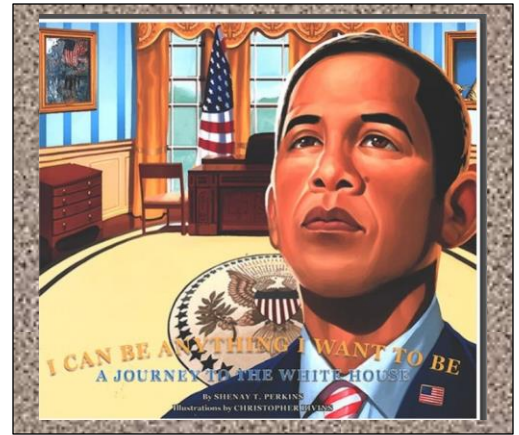
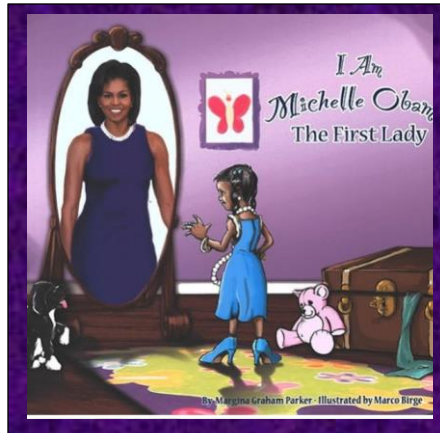
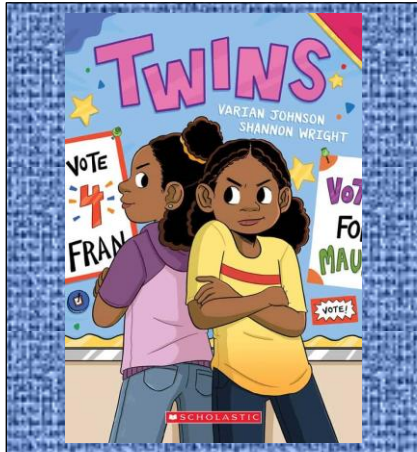
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MINDFULNESS
TOOLS
TO SUPPORT
SOCIAL-EMOTIONAL
LEARNING

OPINION | **TEACHING & LEARNING**

**The Real Solution to Learning Loss:
Valuing Teachers and the Teaching Profession**

By Torrey Trust and Robert Maloy
Apr 27, 2021

CHILDRENS' BOOK NOOK



Choosing Safer Activities

Accessible link: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/participate-in-activities.html>

Unvaccinated People		Your Activity	Fully Vaccinated People
		Outdoor	
Safest		Walk, run, wheelchair roll, or bike outdoors with members of your household	
		Attend a small, outdoor gathering with fully vaccinated family and friends	
		Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	
Less Safe		Dine at an outdoor restaurant with friends from multiple households	
Least Safe		Attend a crowded, outdoor event, like a live performance, parade, or sports event	
		Indoor	
Less Safe		Visit a barber or hair salon	
		Go to an uncrowded, indoor shopping center or museum	
		Ride public transport with limited occupancy	
		Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households	
Least Safe		Go to an indoor movie theater	
		Attend a full-capacity worship service	
		Sing in an indoor chorus	
		Eat at an indoor restaurant or bar	
		Participate in an indoor, high intensity exercise class	

Get a COVID-19 vaccine



Prevention measures not needed



Take prevention measures

Fully vaccinated people: wear a mask

Unvaccinated people: wear a mask, stay 6 feet apart, and wash your hands.

- Safety levels assume the recommended prevention measures are followed, both by the individual and the venue (if applicable).
- CDC cannot provide the specific risk level for every activity in every community. It is important to consider your own personal situation and the risk to you, your family, and your community before venturing out.



cdc.gov/coronavirus

CS324153B



Soror Thelma Maclin Sparks

On June 26, 1921, the world was blessed by the birth of Thelma Maclin, who later became Soror Thelma Maclin Sparks. She spent her entire childhood and young adulthood growing up in the Petersburg, VA area. She attended Virginia State Teachers' College (now known as Virginia State University) where she received her Bachelor of Science degree in Mathematics. Later she attended New York University where she received her Master's Degree in Mathematics.

Mrs. Sparks moved to Annapolis, MD in the early forties to start her career as an educator teaching mathematics and science in the Anne Arundel County Public School System. Upon leaving the classroom, she became the first African American to become Supervisor/ Coordinator of the Math Department for Anne Arundel County. Under her leadership and supervision, the mathematics program K-12 was revised. In addition, she worked as an author for Houghton Mifflin Publishing Company for twenty-two years writing mathematics textbooks. These books were printed in many different languages and have been used worldwide.

Soror Sparks became interested in the Banneker Douglas Museum as a way of saving Mount Moriah Church. She joined the "Friends of Banneker Douglas Museum" and later became a member of its Board of Directors. She served as the President of the "Friends" for fourteen years overseeing many projects for fund raising goals while giving full support to the Board of Directors. She proudly watched the museum become a reality and grow into the beautiful and meaningful organization that still influences the community today.

Along with "Friends", she was active in many other organizations; namely, First Baptist Church of Annapolis where she held numerous positions; her beloved National Sorority of Phi Delta Kappa, Inc., Alpha Mu Chapter (Annapolis, MD); Phi Delta Kappa Fraternity, University of Maryland Chapter; Delta Kappa Gamma Society International, Epsilon Chapter; The Links Incorporated, Annapolis Chapter; Teachers' Association of Anne Arundel County; and Maryland for Supervision and Curriculum Department.

Soror Sparks' two mottoes are **"Build on your mistakes"** and **"Those who failed to remember the past are doomed to repeat it"**.



2021 National Scholarship Winners



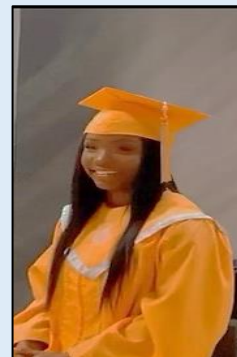
Eesha Bakhtawar Ali
Pi Chapter
Eastern Region



Jonathan Dale III
Alpha Chapter
Eastern Region



Cameron Bridges
Alpha Epsilon Chapter
Southeast Region



TaMiyah Hopson
Alpha Epsilon Chapter
Southeast Region



Bre'Asia Chapmon
Alpha Xi Chapter
Midwest Region



Earl Hall IV
Gamma Delta Chapter
Midwest Region



Moriah Session
Alpha Rho Chapter
Southwest Region



Frederick H. Gilmore
Zeta Beta Chapter
Southwest Region



Aiyanna K. Webb
Student Teacher
Scholarship
Mu Chapter
Midwest Region



Haley Nyla Thomas
Beta Phi Chapter
Far West Region



Nakia Lemon
Beta Nu Chapter
Far West Chapter



Jessica Grant
Doctoral Scholarship
Beta Chapter
Eastern Region



Natonya Listach
Doctoral Scholarship
Alpha Beta Chapter
Southeast Region



Falicia Tate
Doctoral Scholarship
Epsilon Pi Chapter
Southwest Region

Alpha Epsilon Chapter 2021 Scholarships

Tamiyah Hopson
NSPDK, Inc., Perpetual
Scholarship Female Winner
Attending Georgia State University
B. E. Mays HS Graduate
A/B Honor Roll
Top 10% of Class
National Honor Society Member



Cameron Bridges
NSPDK, Inc., Perpetual
Scholarship Male Winner
Attending Georgia Southern University
Tri-Cities HS Graduate
Varsity Tennis Team Captain
NSPDK, Inc., Alpha Epsilon & Southeast
Region Kudo President
Honor Student



Southeast Region Della Oliver
Scholarship 2021 - \$1,000

Jada Grant
Southeast Region Della Oliver
Scholarship
Attending Tuskegee University
D.M. Therrell HS Graduate
National Honor Society Member
Georgia State University Early College Internship
Student Government Association Member



Jonathan Walker
Southeast Region Della Oliver
Scholarship
Attending Clark Atlanta University
D.M. Therrell HS Graduate
Principal's List/AB Honor Roll
Perfect Attendance
JROTC



**Achievement Award Winner in the
Southeast 2020 - 2021**

Takeysha Fowler-Scott – Nu Chapter



**Doctoral Scholarship Winner
Natonya B. Listach
Alpha Beta – Nashville, Tennessee
(Basileus – Loyce Thompson)**



**Southeast Della Oliver Scholarships
\$1,500 Female Winner**

Asia Davis

Gamma Theta – Brewton, Alabama



**Southeast Della Oliver Scholarships
\$1,500 Male Winner**

JaReese Russell

Nu – Birmingham, Alabama



National Sorority of Phi Delta Kappa, Inc.

Mrs. Barbara Nettles

National Scholarship Chair

**NSPDK, Inc., Alpha Epsilon Chapter
Scholarship Committee**

Tamolyn Galloway, DM Therrell H.S. Counselor

Dr. Vernita Byrd, RJ Bunche M.S. Counselor

Mr. Christopher Strozier, B.E. Mays Registrar

Ms. Kim Thomas, DM Therrell Graduation Coach

Mrs. K. Robinson Jinks, Douglass County Media Specialist



National Sorority of Phi Delta Kappa, Inc.
Beta Nu Chapter, S.F., CA
Youth Leadership Virtual Conference
April 10, 2021
Written by Soror Fayetta Anderson

Beta Nu Chapter hosted the 54th Far Western Region Youth Leadership Conference on April 10, 2021. The theme for the conference was: "Speak Up! How to Build Confidence as African American Youth in the 21st Century. This theme resonated throughout the conference from warm greetings to the powerful, engaging presentations of our guest speakers. There were over 89 registered attendees, 25 of which were Xinos and Kudos. The welcome and greetings brought by Mayor London Breed, Superintendent Dr. Vincent Matthews, Supreme Basileus Dr. Etta F. Carter, Regional Director Dr. Elcendia Nord set the tone for the conference, emphasizing that the conference theme was appropriate because it challenged youth as future leaders to speak up and by doing so, they can change the world. They were given accolades for the accomplishments made in spite of the pandemic.

Beta Nu Youth Presidents Jyairrah Martin (Xinos) and Anthony Stepney (Kudos) did an outstanding job moderating the conference with calmness and class.

All of the presentations by the youth from the Tik Tok Hellos, the skits, oratorical presentations, virtual activity books, individual talent, Black History Highlight," What's the Scoop – Tour of S.F. and Essays to the art and science competition were creative, entertaining, and enlightening.

Lastly, I must make mention of the two guest speakers: California Secretary of State Soror Dr. Shirley Weber and Minister/ Community Advocate Dr. Lamont Frances for their political, historical, and culturally relevant presentations. Soror Dr. Shirley Weber's subject was "Leadership and Laws to Support Injustice," and Reverend Dr. Lamont Frances's subject was "COVID19: Mental Health and Police Brutality."

Last, but not least, Soror Emily Wade Thompson gave a special salute to the graduates of 2019-2020 and 2020-2021.

Kudos to our Beta Nu youth and chapter for a wonderful conference!!



Alpha Epsilon Kudos selected to participate with SAVE OUR SONS Mentoring

The Alpha Epsilon Chapter Kudos participated in Save Our Sons (SOS), an amazing event hosted by Mrs. Pat Martin the Founder and CEO *Pat Martin Published Author, Speaker, Playwright*. Georgia House of Representative Sharon Beasley-Teague recommended Alpha Epsilon Chapter Kudos Youth Group to take part in the Save Our Sons Mentoring Program. It richly empowered the young men to improve their current mind set to, "Become Millionaires," through relationships and entrepreneurship. This program began with a shopping spree to K&G Store. Save Our Sons purchased each Kudos a suit, shirt, necktie, shoes, and socks to wear to the event. During the Save Our Sons program, opportunities and workshops were given focusing on how to, "Brand" themselves and start their own business as a teenager. Professional workshops were given with high profile celebrities and young trend-setters. A tour of the Mercedes Benz Car Dealership, Junior Achievement BIX Town facility and investors were highlighted during the event. The Kudos were treated to lunch at an upscale restaurant in downtown Atlanta, Georgia. The day ended with recognition of the National Sorority of Phi Delta Kappa, Inc. Alpha Epsilon Chapter Kudos Youth Group, Dr. Vernita Byrd, Kudos Advisor was given a Certificate Appreciation for her participation and leadership in mentoring our youth. Each participant was given a Chrome Notebook Computer for their own personal use to initiate their own business, Certificate of Participation, and a fresh crisp \$100.00 bill to start their own business.

Alpha Epsilon Chapter's Kudos were shining stars and played a huge part in this program. They spoke with clarity, and they were very expressive in their presentation.

We salute our Youth Kudos Advisors: Dr. Vernita Byrd, Dr. Bonita Durrah and Dr. Ericka Hamilton for their untiring efforts as they continue to mentor the "Y" Youth in Alpha Epsilon Chapter and today's society. Go Kudos!!!!



"To Foster a Spirit of Sisterhood Among Teachers and to Promote the Highest Ideals of the Teaching Profession"



XINOS AND KUDOS OF
DELTA BETA CHAPTER CELEBRATING
XINOS ERICA SHEPHERD'S
GRADUATION



Photo Hazel McCullough

Knowing What's Important

Now that I've graduated, I'm facing new demands on my time and energy. Father, help me to know what is most important. I know that growing in my relationship with You is first, so I need Your help in staying true to that commitment. Second, I need Your help in valuing the relationships You bring into my life and caring for them with the power of Your love. Please tap me on the shoulder and remind me when I'm becoming too busy. I don't want to miss the most important priorities in life.

Power Prayers for the Graduate

Eesha Bakhtawar Ali

Pi Chapter National Scholarship Winner

**Article: Magnolia Brown, Pi Chapter
Scholarship Chair**

Eesha Bakhtawar Ali is an extremely intelligent and active senior at Lawrence High School in Lawrenceville, New Jersey. She is the daughter of Mr. Mohammad and Mrs. Mahnaz Ali and the big sister to three younger siblings. Eesha has worked diligently over the years to earn admission to several prestigious universities such as: Rutgers University (Newark, New Jersey Campus), Boston University (Boston, Massachusetts), Drexel University (Philadelphia, Pennsylvania), and Pittsburg University (Pittsburgh, Pennsylvania). After much meditation and calculation, Eesha has accepted the post-secondary invitation to attend Rutgers University in one of their biological science programs.

While maintaining a 4.15 GPA, Eesha never lost the spirit of devoted citizenship and leadership to Lawrence High School and the State of New Jersey. She served as team captain for the school's debate team, captain of the Consumer Bowl, Outreach Chair for the International Youth Neuroscience Team, and was a varsity player for Lawrence High School Girls Track and Field Team. Eesha's love and volunteerism for the community-at-large is to be recognized. Since grade nine, she has volunteered consistently at St. Lawrence Rehabilitation Center as head volunteer in the Food Department, Head Teen Volunteer at the Mercer County Library Summer Reading Program, an instructor/mentor for Big Brother/Big Sister Toddler Town Program, and a member of the Junior Program at Capital Health and Mercer County Special Olympics.

Eesha has been conferred several awards and honors for her dedicated service as a student at Lawrence High School and a citizen of New Jersey. To date, she has earned her place as a DECA State Finalist, CVC Patriot Division Champion, Honorable Mention in Animation, a State Selected Artist, and a Poetry Publications Winner. Lawrence High School, the State of New Jersey, and the National Sorority of Phi Delta Kappa, Inc., Pi Chapter are proud of Eesha Bakhtawar Ali, and we wish her God's speed, covering and joy as she prepares to meet the challenges of new experiences and opportunities.

Congratulations! Outstanding 2021 Sorors of the Year



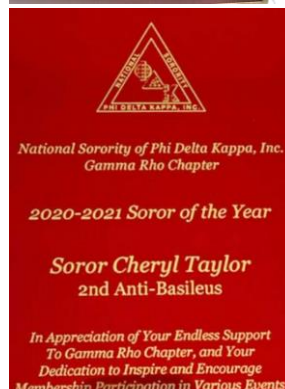
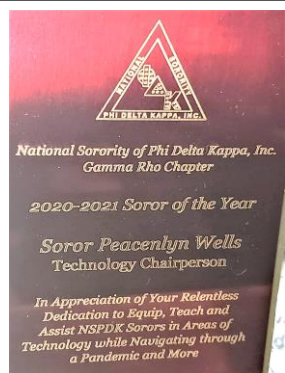
**Dr. Shirley N. Weber, California Secretary of State
Delta Upsilon Chapter**



**Dr. Liza Ortiz
Epsilon Chi Chapter**



**Soror Cheryl Taylor
Gamma Rho Chapter**



**Soror Peacenlyn Wells
Gamma Rho Chapter**

Soror Willie Jean Jackson-Carter
Gamma Sigma Chapter



Soror Michelle Morris
Beta Theta Chapter



Soror Sherrie Sudler
Rho Chapter



Dr. Carolyn Gibson
Pi Chapter



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Soror Leona Fowler
Beta Omicron Chapter





Congratulations, Soror of the Year!



Soror Bernadette Schoby
Delta Kappa Chapter



Soror Faye Anderson Far West Region



Congratulations, Madonna Stancil, the young lady to the left leaning in, green sweater with the amazing amount of hair.

Soror Stancil made the cover of *Exchange Magazine*. Her second collaborative article will be in the July/August edition. This magazine specializes in supporting leaders in the field from birth to kindergarten that sets the foundation for effective instruction and building relations with families and community.



**MOVING NSPDK FORWARD...
TOGETHER**



GAMMA RHO



Let's Celebrate Gamma Rho Sorors: The Harvest of Willing Workers in the Vineyard.

What a year! The Corona Virus did not stop Gamma Rho Sorors from diligently, sisterly and successfully implementing many of our organization's Y.E.S. programs.

We Celebrate some of the fruits of our labor:

- Welcoming new Sorors into our chapter.
- Increasing our knowledge in technology
- Increasing our knowledge and actively participating in Health and Nutrition activities on the local, regional and national levels.
- Supporting an area church food bank.
- Supporting educators and parents through professional development and Teach A Rama.
- Hosting sisterhood activities for personal, social and educational growth.
- Participating in legislative activities.
- Supporting our youth with mentoring and scholarship awards.
- Contributing to local schools through literacy, tutoring and other volunteer programs.

We harvest those fruits with a commitment and duty to continue and plant as well as sow seeds that will grow into labors of love on all levels of NSPDK, Inc. We will forever serve, "never free". So as Gamma Rho Sorors, reap the harvest of the 2020-2021 sororal year and enjoy a brief break to recharge, they will continue work in the vineyard with a summer homework list. 🍷

- Call or drop a TOU note to a Soror who has not been active in a while.
- Take a senior Soror to lunch or if they are shut in, stop by with a treat.
- Share one of our chapter newsletters with an inactive Soror to publicize the wonderful events activities and programs.
- Invite inactive Sorors to our opening meeting in September.
- Send to the chapter Public Relations Director, Soror accomplishments such as promotions, Educational and/or family achievements, special honors and recognitions etc.
- Attend the 98th Conclave Virtual Conclave. It promises to be a wonderful experience.
- Spread the news. Gamma Rho will be celebrating **50 years** in 2022.

Gamma Rho's success this past year, would not have been possible without the collective efforts of the members. They are to be commended. Kudos to the Sorors of Gamma Rho Chapter. Have a safe and enjoyable summer.

You did it!
Congratulations

My first graduation as principal!!



Soror Dr. Lavetta Ross



Beta Lambda Chapter 2021 Leadership
Retreat! Welcome Basileus Cynthia Russell

Delta Phi Chapter is elated to congratulate our sister, Tiffany Ladson–Lang, on becoming the 2021–2025 NSPDK ER Member–At–Large! Delta Phi Chapter is very proud of you! ❤️💛

We know that Soror **Tiffany Ladson–Lang** will represent Delta Phi and the the Mighty East with Humbleness and Grace ❤️



Nspdker Literacy



**National Sorority of
Phi Delta Kappa, Inc.**

81st Eastern Region Conference



Looking Good Soror!



TM



NSPDK FAMILY CONTINUES MOVING FORWARD...TOGETHER

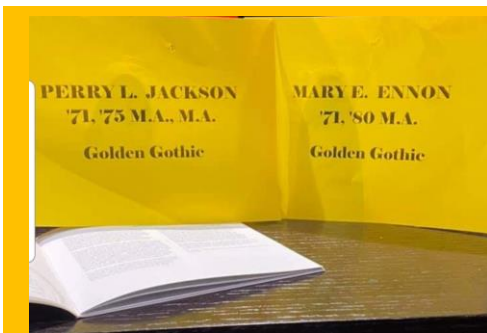
Alpha Beta Chapter

On Saturday June 12th Alpha Beta Chapter initiated Nikki Hughes, Jennifer Ewing, Glenda Warren, Tanisha Williams, Jacqueline



Alpha Chapter

Welcome to the Sisterhood
4 Majestic Gems



Congratulations, Alpha Chapter Basileus Perry L. Jackson and Past National Office Mary Ennon on celebrating 50 years since your college graduation from NJCU (formerly Jersey City State College)



Beta Alpha Chapter

Welcome Sorors!

(L-R) Dr. LaShonda Ford, Tunisia Coleman, Amy Whitaker, Shandreka Roberts, Chari Taylor, Rachel Harrison-Moore, Khakillya Babers-Everett, (Not pictured Chelsea Jackson)



Beta Alpha Chapter Welcomes New Sorority Members

The Beta Alpha Chapter of the National Sorority of Phi Delta Kappa, Inc. held its Spring induction ceremony for new members May 29, 2021, at Magnolia School of Excellence in Shreveport. The theme for the event was "Improving Comprehension Skills by Integrating Technology" and featured a presentation by the chapter's eight newly inducted members. Inductees shared with sorority members and guests the importance of literacy and how technology can help students with reading comprehension.

New members are Amy Whitaker, Rachel Harrison-Moore, Shandreka Roberts, Khakillya Babers-Everett, Chelsea Jackson, Dr. Lashonda Ford, Tunisia Coleman, and Chari Taylor. These eight energetic ladies bring to the organization educational experience ranging from elementary to high school level. During their membership process, the group donated family care packages to the Providence House and items to the American Legion Annual Rummage Sale to benefit local veterans.

Denise Washington, Membership Chair; Carolyn Baker, Dean of Pledges; and Yalaunda Taylor, Chapter President served as coordinators for the event.

The National Sorority of Phi Delta Kappa, Inc. is an organization of professional African American women in the field of education with 123 chapters throughout the continental United States, and abroad. Through its Y.E.S. (Youth, Education and Service) program, the organization continues to stimulate professional growth among teachers, and encourage the development of youth.





Beta Kappa Chapter

Basileus of Beta Kappa, Sandra Gordon just completed her term of leadership. She did an awesome job as our leader.

The chapter presented her with this beautiful trophy for all her hard work and dedication. On the same day I, Patrice Marsh received the torch from Soror Sandra Gordon to become the Basileus of Beta Kappa Chapter.



Alpha Epsilon Chapter

Welcome Sorors into the vineyard of willing workers.



Alpha Phi Chapter



The National Sorority of Phi Delta Kappa Inc. Eastern Region Literacy Committee

Presents

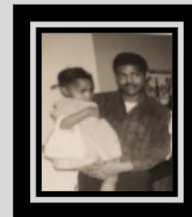
Our Second Annual Father's Day Tribute

NSPDK Eastern Region's Great 8 Black Onyx

Thomas Pendleton III, Thomas Pendleton Jr., Lamar Holman, Ajani Kambon, Donnell Potts, (Twin Poets) Al Mills and Nnamdi Chukwuocha, and Lee Barnes

Nspdker Literacy youtube link

https://youtu.be/5uLa_4s1jAU



Beta Phi Chapter

Beta Phi Chapter and "THE UNSTOPPABLE 4ORCE!"



Dr. C. Roper, D. Ross-Rolland, K. Desmesma & C. Desmesma-Walzer

On Friday, June 18, 2021 Beta Phi Chapter of Compton, CA proudly inducted four new sorors. **Soror Dr. Cherise Roper** is an administrator with LAUSD. She has a Doctorate in Educational Leadership, Administration and Policy. **Soror Deboneé Ross-Rowland** has taught for over twenty years and this fall will be a MS Coordinator in LAUSD. She also holds her Master's Degree in Educational Curriculum Studies. Her mother, Soror Dorothy Ross is a member of Beta Phi Chapter. **Soror Kamara Desmesma** is an Intervention Substitute for CUSD. She is presently pursuing a second Master's degree in Educational Psychology and plans to become a School Psychologist. And last but not least, **Soror Cherona Desmesma-Walzer**, mother of Soror Kamara is a 30+ year educator for LAUSD. She has a BS and M.Ed. from CSUDH.

These four new sorors (*The Unstoppable 4orce*) are energetic, enthusiastic, creative, passionate educators, who are eager to give service to our communities and the Beta Phi Chapter. WELCOME SORORS to NSPDK, INC. and the Far Western Region!!!



Welcome E.I.G.H.T new sisters to the Sisterhood of NSPDK, Incorporated!

Beta Omicron Chapter



Retired and still teaching and giving. Here I am delivering school supplies on behalf of Beta Omicron Chapter to our adopted school in St. Albans, Queens, New York.(Photo Patricia Whitney, FB)



"To Foster a Spirit of Sisterhood Among Teachers and to Promote the Highest Ideals of the Teaching Profession"



Beta Xi Chapter presented National Citation Award to Congresswoman Val Demings at the Shiloh Baptist Church of Orlando. (Picture credit Soror Velma Herrington)

Beta Xi Chapter



Delta Pi Chapter

Beautiful day in the neighborhood with Delta Pi SiStars! Delta Pi Flames on the move.



"To Foster a Spirit of Sisterhood Among Teachers and to Promote the Highest Ideals of the Teaching Profession"



Beta Zeta Chapter

Beta Zeta is so happy to announce that on May 29, 2021, TEN amazing ladies joined our chapter. They are now members of the National Sorority of Phi Kappa, Incorporated! We welcome 2021 Beta Zeta Pearls with open arms and cheerful hearts to the Sisterhood. Welcome ladies! Our chapter continues to grow individually and collectively. Durham, North Carolina





Epsilon Beta Chapter



Welcome Sorors to the Sisterhood! SW Region

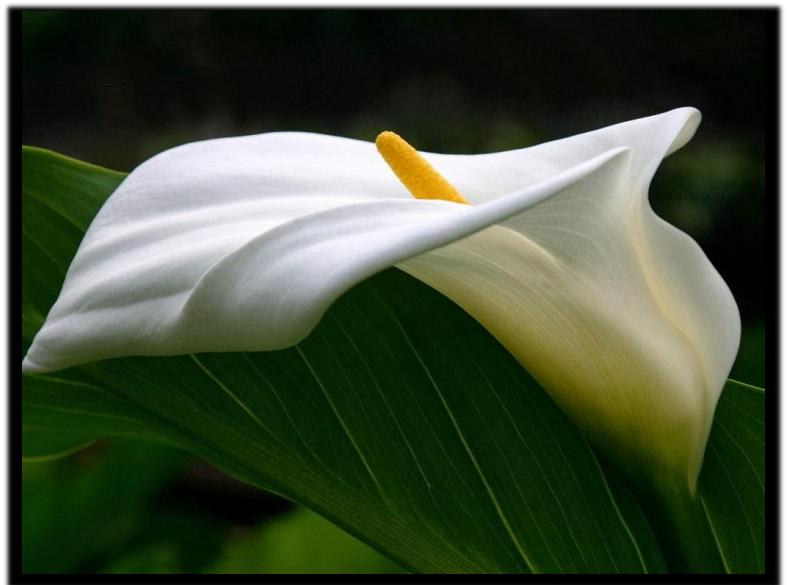


Sorors Lakeesha Johnson, Ashley Bendy, Ginger Johnson, and Otisha Turner

Gamma Theta Chapter



Sorors, meet Gamma Theta Soror Valia Mae Harris, 96 years young who is the chapter's surviving charter member. God's continued blessings to you Soror Harris.





Nu Chapter

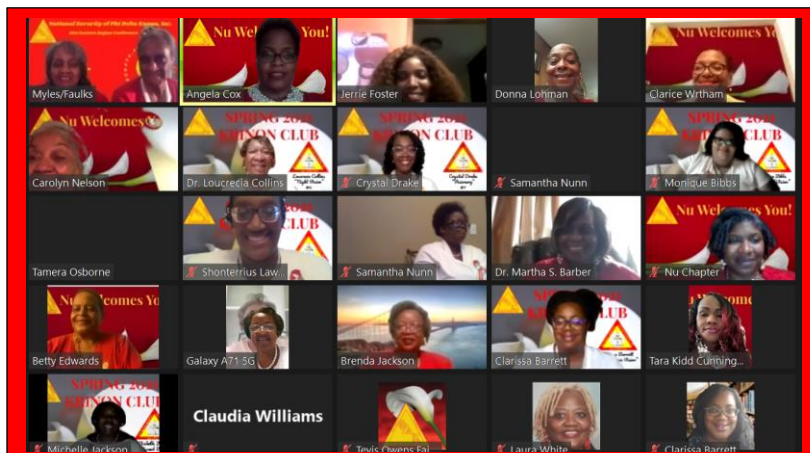
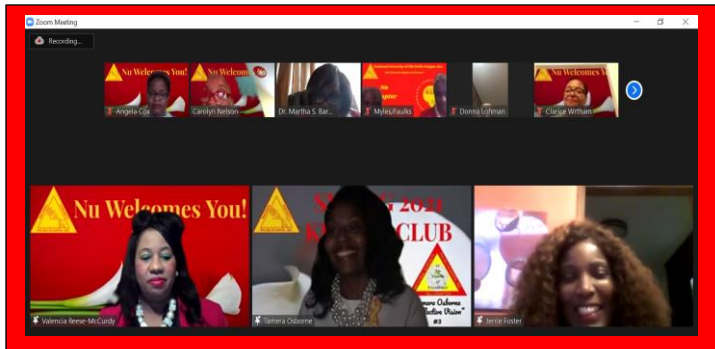


The National Sorority of Phi Delta Kappa Inc. Nu Chapter Spring 2021 Krinon Club "The 10 Nu Visions of Excellence"

Top Row: Shonterrius Lawson-Fountain, Tamera Osborne, Crystal Drake

Middle Row: Clarissa Barrett, Michelle Jackson, Samantha Nunn, Patricia Jackson, Loucrecia Collins

Bottom Row: Monique Bibbs, Angela Harris





Xi Chapter



Xi Chapter initiated ten Sorors the "D'Vine Dime" into National Sorority of Phi Delta Kappa, Incorporated. Welcome to the vineyard of willing workers.

Sorors Mylisa Himmons, Brenda Hewitt, Felicia Jones, Twyla Simpkins, Jasmine Patrick, Kathy Rayond, Lori Martin, Iris Washington, Shelley Harmon, and Angela Morris. (Pictures Annissa Camille, FB)



Theta Chapter

Hello Sorors! I am so excited and proud to introduce my daughter/legacy. She is a new member of Theta Chapter, Brooklyn, New York. Her line was called "Quadratic 4mula", her name "Thee Infinite Degree".



The Legacy-Soror Cathleen Synder



Psi Chapter

2021 Psi Founders Day

The sorors of Psi chapter, Mobile, Alabama, enjoyed 2 days of memorable events in recognition of Founders Day. The virtual evening program included an impressive *Eight Pearls of NSPDK* power point presentation, facilitated by Soror Clarencia Bonner, Founders Day Committee Chair. The evening focused on a historical recognition and celebration of our NSPDK Founders. Soror Gloria Gordon presented a comprehensive history of Psi chapter.

NATIONAL SORORITY OF PHI DELTA KAPPA, INC.

PSI CHAPTER
MOBILE, ALABAMA
VIRTUAL

FOUNDERS DAY CELEBRATION
BETTY J. BEVERLY, BASILEUS
CLARENCIA BONNER, FOUNDERS
DAY COMMITTEE CHAIR



PROGRAM

Welcome & Greetings

Sorority Prayer

Occasion

Brief NSPDK and Psi Chapter History

A Portrait of the Phenomenal 8

Closing Remarks

Basileus B. Beverly

Soror Hilder Wilson & Members

Soror Rose C. Dees

Soror Gloria Gordon

Soror Angela Hall

Soror Terri Perryman

Soror Barbara Mann

Soror Michelle Dotson

Basileus Betty Beverly

The Grande Finale Celebration, held at the home of Soror Michele Dotson brought UNMASKED, VACCINATED sorors together for an OUTSIDE EVENT of fellowship, sisterhood, food, and fun. The outing culminated with Psi Chapter Sorors creating, producing, recording a video in support of Soror Brenda Jackson, candidate for NSPDK Supreme Tamias. (Photos-Angela Hall)



CREATING A RESPECTFUL AND OPEN WORLD FOR NATURAL HAIR

NATIONAL

CROWN DAY

JULY 3

A NATIONAL
CELEBRATION
OF BLACK HAIR
INDEPENDENCE

MY CROWN IS
POWERFUL



#PassTheCROWN | @TheCROWNAct
thecrownactbooth.com



Jarian R. Graham
National Public Relations Director
nspdk.pr@gmail.com

"To Foster a Spirit of Sisterhood Among Teachers and to Promote the Highest Ideals of the Teaching Profession"