"TO FOSTER A SPIRIT OF SISTERHOOD AMONG TEACHERS AND TO PROMOTE THE HIGHEST IDEALS OF THE TEACHING PROFESSION"

## National Sorority of Phi Delta Kappa, Incorporated OCTOBER 2021 NATIONAL NEWSLETTER

www.nspdk.org



It's October!!! Fall is here!" What a wonderful opportunity to greet you once again as we continue this path to visibility. *"The Power of Visibility should never be underestimated"* 

The first sororal month provided me with the awesome honor of installing a lovely bouquet of lilies to the NSPDK, Inc. Congratulations to the once "Lilies of the Valley" now known as "Zeta Theta Sorors." "A lily or a rose never pretends, and its beauty is that it is and what it is," Jiddu Krishnamurti. My hat is tipped to the Farwest Regional Membership Chair led by Jean Biddle who gathered and displayed these flowers so eloquently. Zeta Theta is the 15<sup>th</sup> chapter chartered in the Farwest Region and has become the 146<sup>th</sup> chapter added to our superb sorority. The chapter's motto: "Serving the heart of the city - with the city in our hearts," speaks volumes when we support others and remain visible during that assistance.

During this fall season, let us not forget about this month being declared as "Breast Cancer Awareness Month," and how important it is for us to calendar those mammograms. Encourage other women to schedule the examination so we can stay healthy and aware of our bodies.

This October is also "Domestic Violence Awareness Month," where we must all be safe, empowered, and free from a hostile domicile. We must protect each other and raise community awareness of the social and personal effect of family violence.

NSPDK, Inc., continue to be safe and stay masked because normalcy has not returned so therefore, we must continue to protect ourselves and family from COVID. Let us continue to work together and pray for a strong unity to exist within this organization.

Margarette Galloway Supreme Basileus

Supreme's Sororal Spotlight



Dr. Shirley Weber

The members of the National Sorority of Phi Delta Kappa, Incorporated are

### So PROUD of YOU!!

The Honorable Madam Secretary of State, Dr. Shirley Weber is the 1st Black woman to be 'appointed' to the position of California Secretary of State. She ranks #3 in the order of state Constitutional officers.

She is currently campaigning to ensure that she remains in the seat of Secretary of State, by being 'elected' to serve her own 4-year term.

Soror Shirley Weber is a chartered member of the Delta Upsilon Chapter of the National Sorority of Phi Delta Kappa, Incorporated in San Diego, California.



#### NATIONAL SORORITY OF PHI DELTA KAPPA, INCORPORATED







# 2<sup>ND</sup> SUNDAY MONTHLY PRAYER CALL



Dr. Tonya Chestnut National Chaplain

Margarette Galloway Supreme Basileus

### **6:00 PM CST** Ctrl + Click here to join: <u>Prayer Meeting</u>

Dial in by telephone: 1-312-626-6799 or 1-346-248-7799 Meeting ID: 867 6949 8669 Passcode: 386842 Hosted by Regional Chaplains:

Sandra Crocket (SW). Maggie Burnes (MW). Debra Moodv (FW). Jerrie Foster (SE) Navdene Williams (E)

JOIN US W.A.I. T. TIME WOMEN ANCHORED IN TRUST NATIONAL SORORITY OF PHI DELTA KAPPA, INC.

PERPETUAL SCHOLARSHIP FOUNDATION

# WALK FOR EDUCATION



WE ARE ASKING ALL SORORS TO BEGIN SAVING A MINIMUM OF \$1 A WEEK UNTIL CONCLAVE 2023. IN DOING THIS, EACH SOROR CAN GIVE A MINIMUM DONATION OF \$104 (52 WEEKS/ 2 YEARS) TO THE "WALK FOR EDUCATION" AT OUR 100TH YEAR CELEBRATION IN 2023.

 Jisa Friedon

 National Sorority of Phi Delta Kappa, Inc.

 Perpetual Scholarship Foundation President

 <u>nspdkpsfprrs@gmail.com</u>

 "Care more than others think is wise, Risk more than others think is safe, Dream more than others think is practical, and Expect more than others think is possible."



Madam Supreme Basileus















**OFFICERS' NOOK** 



From the desk of 1<sup>st</sup> Supreme Anti-Basileus Noreen Little



Dear Sorors,

As we celebrate Breast Cancer Awareness Month, remember to get your annual mammograms. Self-care is our most important concern. We can't take care of others if, we are not well. Many of you will participate in the Susan G. Komen walk for the cure, with your youth. Thank you for supporting Breast Cancer research!

The e-Learning Academy Committee is requesting new or updated resources. We know that you are using many resources that were not included in our original list. We want to remain current and viable so, we need your input. Please send the name and description of your favorite resource to <a href="mailto:nspdk1st.supreme@gmail.com">nspdk1st.supreme@gmail.com</a>.

Thank you for your assistance! Let's keep moving NSPDK forward.

Sisterly, Noreen E. Little First Supreme Anti-Basileus

#### From the desk of National Parliamentarian Leatha Brooks



#### Parliamentarian's Corner Basic Knowledge of Parliamentary Procedure

- 1. **Motion.** Information is brought before the body in the form of a motion by a member who says: "I move that... or I move to..."
- 2. Second. Another member should second the motion.
- 3. **Move.** The chair says, "It is moved and seconded that, and repeats the motion which allows the motion to come before the body for debate, amendments and a vote.
- 4. **Debate.** The chair asks if there is any discussion, allowing the maker of the motion the opportunity to speak first (the maker of the motion should not speak against his/her motion).
- 5. **For/Against.** If there are members in opposition to the motion, the chair alternates by calling on a member for and a member against the motion.
- 6. **Amendments.** An amendment is recognized, the amendment is seconded, discussion is held, a vote is taken on the amendment, if approved, discussion is held on the amended motion, a vote is taken on the amended main motion. Any number of amendments may be made one after the other.
- 7. **Vote.** At the end of the debate, if there are amendments, they are voted on first. Then, the chair **repeats** the amended motion and puts the amended motion to a vote by saying: "All in favor say aye." "Those opposed say No"
- 8. **Results.** After the vote, the chair announces the results.

Before another motion can be made, a motion that is seconded must either be: voted on, withdrawn, amended or tabled.

From the desk of Dr. Sylvia Williams 2<sup>nd</sup> Supreme Anti-Basileus



Membership is the most important aspect for a healthy chapter. Increasing chapter membership brings fresh ideas for effective service projects, adds different perspectives, and expands the opportunity to be more visible in the community. Below are a few tips to increase your chapter's membership.

- 1. **Reclaim Inactive members** Compile a list of inactive members. Assign each name on the list to an active member. You are to invite the inactive member to every meeting or event sponsored by the chapter. This consistent approach gets the inactive member participating in chapter activities. Eventually, they will want to renew their membership and become an active member.
- 2. **Involvement** Ask inactive members to help with community projects where help is needed. Get volunteers (prospective applicants for membership) to volunteer for community projects.
- Publicity Make sure your chapter has a Public Relations Chair. Send new releases to local newspaper, radio and TV stations to publicize chapter events and activities. Believe it or not, people are interested in joining groups that are doing things in the community. Interested people will seek you out.
- 4. *Make your service projects beneficia* Every time your chapter conducts a community service project, it is your opportunity to tell others and boast about your chapter's community involvement. Seek out teachers and other educators to your events. Make it educational oriented.
- Set up Stations Check out activities that are set up by your local school system. Tell them about NSPDK and ask to set up a table station to pass out brochures about NSPDK. Have posters with pictures available so they can see your activities. Great way to recruit local teachers.
- 6. Plan a Fun Event It could be a bar-be-cue, pancake breakfast, or a chili cookoff. Invite as many prospective applicants as possible, along with members, Anthropos, Xinos and Kudos, and HUB parent and spouses. While having a good time is the main reason for the event, use this opportunity to educate your guests about NSPDK.

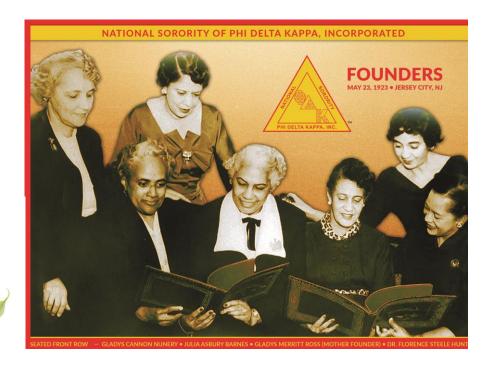
I am sure you can come up with other ideas, but these are just the beginning of what can be done. See if you can add two more events to recruit members and share with others. From the desk of Dr. Sharrie Dean-Collins 100<sup>th</sup> Centennial Anniversary Conclave Coordinator Chair

As we endure the ills of the COVID-19 Pandemic, other social injustices of this world, and are given grace to live through this season of life, I pray that our Sorors are healthy and safe.

Sorors, not many sororities or organizations are able to declare 100 years of being and to celebrate the same. As such, our work to bring on *the magnificence-tocome of our 2023, 100th Centennial Anniversary Conclave* is upon us. Just like *Uncle Sam,* we want to you Soror, (yes you -- smile), to be in Kissimmee, Florida (Orlando, Florida's next-door-neighbor), in 2023. Let's show up and show out in great numbers, marking this moment in history!

Various Committees, have been ardently working for some time now, exercising leaps towards planning, designing, bringing ideas to realization, and finalizing the plethora of moving parts for the 100<sup>th</sup> Celebration. Please look forward to our phenomenal, memorable and meaningful events starting this year, during 2022, and as well, through our 100<sup>th</sup> Celebration. Everything will be intentionally and purposely stamped with the newly crafted 2023 Commemorative Logo.

What can you do at this time? Well, look forward to information forwarded from Supreme Basileus Margarette Galloway to Regional Directors for Basilei to impart details, directions, savings plans, pre-purchased items, etc., and the wonderfulness to encourage us all to be in "ready, set, go" mode again, from the ending months of 2021, through the 2023 100<sup>th</sup> Centennial Anniversary Conclave. Further, aligned with the Supreme Basileus' platform: *Providing Avenues of Visibility for our Education Sorority (PAVES)*, let us all look to illuminate the National Sorority of Phi Delta Kappa, Incorporated, with increased visual recognition for now, and for the future, in our Sorority, in the United States of America, and in the world!





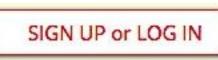
From the desk of Patricia Turner Assistant Manager Headquarters

# *From the Desk at Headquarters:*

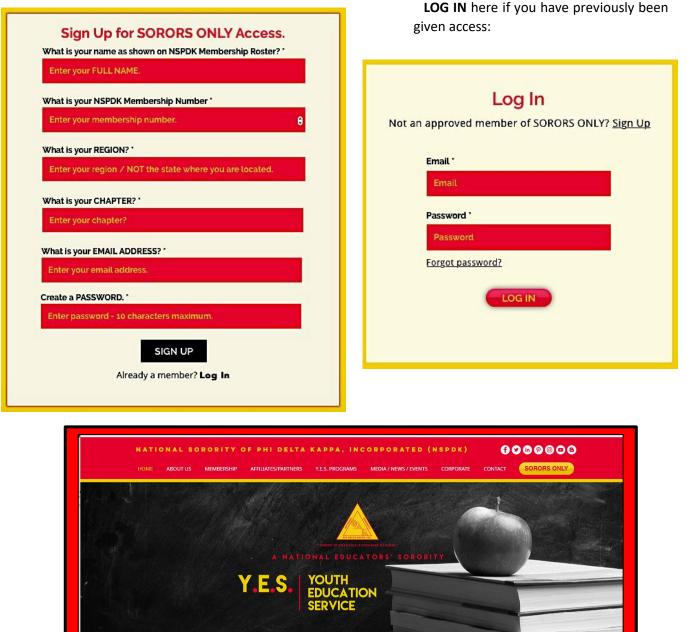


Go to nspdk.org and click on SORORS ONLY:

SORORS ONLY



Complete this form to **SIGN UP** only if you are new to **SORORS ONLY**:



From the desk of Supreme Epistoleus Debra Wade



Apply to our wounded hearts the healing touch of Your precious promises and let us soon experience its power. Teach us not to mourn as those who have no hope. Wipe away the tears from our eyes that we may be able to see through the mist, beyond death and grave, to the resurrection and life assured by the glorious victory of our Savior Jesus Christ over death and grave.

May the passing of our dear Sorors remind us that we, too are but a pilgrim and stranger on earth. Grant us the grace to love less and less the things that are material and temporal, and to love more and more the things that are spiritual and eternal. Teach us to number our days and to apply our hearts to the wisdom taught by Jesus Christ, that He is the Way and the Truth and the Life, and that no one come to You but by Him. Amen.

Omega Chapter

Soror Caswell Hayes

Charter Member

Delta Rho Chapter

Far West Region



Soror Fannie Putty Gamma Chapter Eastern Region

Soror Beatrice Hvery Gamma Chapter

Eastern Region



#### Greetings.

From the desk of Eastern Regional Director Dr. Patsy O. Squire



Congratulations! Thank you to the "Mighty Eastern Region" for our productive Cluster Meetings. We must salute Past Eastern Regional Director/Past Supreme Basileus Etta F. Carter for instituting the cluster groupings of chapters to meet bi-annually to provide an opportunity for collaboration and bonding. This setting also provides an opportunity for the Regional Director to meet with several chapters simultaneously. Additionally, it is a chance for Sorors to share ideas, address concerns, learn more about the inner workings of the sorority, and to simply enjoy the fellowship of our sisterhood. A Host Chapter is identified and coordinates with the other Basilei in the Cluster to format the agenda, meals, and activities. As a result, each Cluster Meeting had its own flavor. Eastern Regional Officers presented during the morning while workshops, sisterly entertainment, and bonding activities, with Regional Conference and Conclave Highlights were presented in the afternoon. We ended each Cluster meeting with a Virtual Interest Meeting coordinated and led by our Eastern Region Member At Large, Tiffany Ladson-Lang and Eastern Region Membership Angela Ringgold. Protocol was established and the Pursuit of Excellence was Fulfilled!

Soooo, Welcome aboard Flight # 2021-2022. We are prepared to take off into the New Sororal Year. As you implement chapter activities, please make sure your Positive Attitude and Gratitude are secured and locked in the upright position. All self-destruct devices: pity, anger, selfishness and resentment should be turned off at this time. All negativity, hurt and discouragement should be put away. Should you lose your positive Attitude under pressure during this flight, reach up and pull down a prayer. Prayers will automatically be activated by Faith. Once your Faith is activated, you can assist other passengers who are of little faith. There will BE NO BAGGAGE allowed on this flight. God, our Captain has cleared us for take-off. Destination – GREATNESS! Wishing your sororal year is filled with HOPE, JOY and PEACE!



Click the link below to register your household for Alpha Chapter's Comedy Cabaret.

https://www.eventbrite.com/e/virtualcomedy-cobaret-tickets-173728395307?aff=ebdssbonlinesearch

Address: 151 Martin Luther King Jr Drive Jersey City, New Jersey 07305 Hours Monday - Thursday: 9:00AM - 5:00PM Saturday & Sunday: By Appointment





Happy Charter Day Delta Nu Chapter! Continue your amazing job of Promoting the True Spirit of Sisterhood as you seek to give a greater knowledge and understanding to those you teach and reach out to through community service.





Soror Vanessa Jenkins, ETA CHAPTER serves as an Honor Guard for American Legion Post 68 Merchantville, NJ. The Honor Guard posted the colors at the Camden County Veteran's Medal Ceremony aboard the Battleship New Jersey

ETA CHAPTER Retreat & Sorority Meeting Theme: Sisters Forever: Reclaim, Reconnect.





### Pi Chapter Billboard Unveiling

On Thursday, September 9, 2021, the corner of North Clinton and Lincoln Avenues in Trenton New Jersey was drenched in the colors red and gold; the official colors of National Sorority of Phi Delta Kappa, Inc. Pi Chapter (NSPDK, Inc. Pi Chapter). Members of the sorority came out to unveil their new billboard, that appears on that busy corner. Family and friends attended the unveiling, as well as the new Superintendent of the Trenton Public Schools, Mr. James Earle. Also in attendance were Stacy Heading, Founder of Heal The City, and Darren "Freedom Green", speaker and activist.

Superintendent Earle stated that the district benefits from collaborations with organizations like NSPDK, Inc. Pi Chapter and he welcomes the group's efforts to serve students and parents in the Trenton Public Schools.

Dr. Cheryl Heath-Johnson, the Basileus of the organization said," Our goal is to say Yes to Youth, by preparing our young women and men in grades 9-12 to become future leaders; Yes to Education, by providing workshops that promote personal and professional growth for educators, parents, and community members; and Yes to Service, by implementing activities that support and educate our community. The sorority also says Yes to the red dress."

Placing the billboard in the community is a way for the NSPDK, Inc. Pi Chapter to spread the word about the services they provide and demonstrate their commitment to Youth, Service, and Education. A Nelson Mandela quote appears at the bottom of the billboard, "Education is the most powerful weapon for changing the world." The members of National Sorority of Phi Delta Kappa Inc. Pi Chapter believe this and through their work and service prove it every day.

The sorority is inviting parents and organizations to visit the billboard site with their children and take a picture in front of the billboard. Then post the picture on their social media page with their thoughts about why education is important or post a fact about Nelson Mandela, South Africa's first Black head of state and the first elected in a fully representative democratic election. The billboard will be up until October 6<sup>th</sup>.

Who says you can't mix business with pleasure? Our RHO CHAPTER RETREAT was phenomenal! We took care of business, "speed-dated" our way through committees, did teambuilding, and had fun! Thanks to our Basileus Angela Ringgold and all our Sorors who helped put his together. -Lisa Mims







From the desk of Southeast Regional Director Rose P. Anderson



#### Greetings Sorors,

As we begin another sororal year, it is an exciting time, but also a cautious time with mixed emotions as we think about and plan for in person meetings for our chapters, region, and national events. I salute the active educators and soror volunteers who face day by day and week by week the perils of educating our youth since we have returned to in person instruction. You have shown a dedication and commitment to continue to provide the most exemplary learning environment for our future leaders, the students. Thank you for promoting the highest ideals of the teaching profession.

The Southeast is striving to promote leadership, commitment, communication, and to foster a true spirit of sisterhood. The parliamentary and membership committees are off to a good start. Parliamentary committee is holding meetings to enhance the conduction of chapter meetings with sound parliamentary procedures along with the understanding of policies and procedures of our manual. Southeast membership committee has a goal to increase membership by emphasizing and carrying out the National Membership Chair, Soror Sylvia Williams' goal of "Retain, Reactivate, and Recruit". It is our aim to increase membership in our 26 Chapters.



Sorors, continue to carry the torch of enlightenment everywhere as we strive to promote the potential of our youth and stimulate our professional growth. Blessings to all.

Rose P. Anderson Rose P. Anderson Southeast Region Director 2019 - 2023



From the desk of Midwest Regional Director Tiffany Pritchett



Never Give Up, Never Give In! As I read articles in the news and social media regarding to the mass burnout of educators, it alarms me on a few things. As educators we must take care of ourselves first. Having a positive state of mind is important for our Mental Health. When we're mentally and physically burned out we cannot help our students to be the best. Self-care is a must. We must practice the "3 Take Times." We must, Take time out for ourselves, 30 minutes in the morning and 30 minutes in the evening of quiet time/meditation, etc.; Take time to do something fun every day, exercise, new hobby, etc.; Take time to unplug from everything even the computer screen and cellular phone screen. Practicing the "3 Take Times," will help you revitalize and unload your mind. When our minds are overloaded, we can't think clearly. A clear mind and less stress help your decision-making process. Sorors, I leave you with this...Remember to Never Give Up, Never Give In, and to THRIVE in everything you do. Whenever you feel burned out, go back to what nourishes your soul. Go back to the basics that help you feel like you!

In Sisterhood and Service,

Soror Tíffany M. Prítchett Midwest Regional Director 2019-2023







Dr. Sherelene A. Harris, Parliamentarian of Mu Chapter-Chicago, IL responded to a request for volunteers when the United Credit Union, formerly the United Teachers Credit Union made an appeal in its Spring 2021 newsletter. Dr. Harris applied to participate with the Scholarship Committee, however, her educational and personal background along with experience as a Past National Officer in the National Sorority of Phi Delta Kappa, Incorporated made her the ideal candidate to serve on two committees: United Credit Union Scholarship Committee and United Credit Union Supervisory Committee.

After a meticulous interview process Dr. Harris was selected by the Board of Directors to serve a two-year term on the five-member committee which has extensive responsibilities. Immediate responsibilities included the committee assisting the Internal Audit Department by overseeing and helping coordinate document destruction activities and participating in unannounced credit union branch audits.

Congratulation Soror Dr. Sherelene A. Harris!

#### MU CHAPTER SISTERHOOD EVENT HOSTED BY CHAPTER BASILEUS CHARMIE MCKINNEY



#### Q&A for Comirnaty (COVID-19 Vaccine mRNA)

How did the FDA arrive at the decision to approve Comirnaty (COVID-19 Vaccine mRNA)? What is different now when compared to the December 2020 authorization of Pfizer-BioNTech COVID-19 Vaccine?

FDA conducted a thorough evaluation of the data and information submitted in the Biologics License Application (BLA) for Comirnaty before making a determination that the vaccine is safe and effective in preventing COVID-19 in individuals 16 years of age and older.

The <u>EUA</u> for the Pfizer-BioNTech COVID-19 Vaccine for individuals 16 years of age and older was based on safety and effectiveness data from a randomized, controlled, blinded ongoing clinical trial in approximately 18,000 individuals who received the vaccine and approximately 18,000 who received a placebo. The vaccine was 95% effective in preventing COVID-19 disease among these clinical trial participants with eight COVID-19 cases in the vaccine group and 162 in the placebo group. The duration of safety follow-up for the vaccinated and placebo participants was a median of two months after receiving the second dose.

Follow-up data from this ongoing clinical trial was analyzed by FDA to determine the safety and effectiveness of Comirnaty. The updated analysis to determine effectiveness for individuals 16 years of age and older included approximately 20,000 Comirnaty and 20,000 placebo recipients who did not have evidence of SARS-CoV-2 infection through seven days after the second dose. Overall, the vaccine was 91% effective, with 77 cases of COVID-19 occurring in the vaccine group and 833 COVID-19 cases in the placebo group.

The safety was evaluated in approximately 22,000 Comirnaty and 22,000 placebo recipients 16 years of age and older. More than half of the vaccine and placebo recipients were followed for safety for at least four months after the second dose. After issuance of the EUA, participants were unblinded in a phased manner over a period of months to offer placebo participants Comirnaty. Overall, in blinded and unblinded follow-up, approximately 12,000 Comirnaty recipients have been followed for at least 6 months.

#### What are the most commonly reported side effects by those who received Comirnaty (COVID-19 Vaccine mRNA)?

The most commonly reported side effects by those clinical trial participants who received Comirnaty were pain, redness and swelling at the injection site, fatigue, headache, muscle pain, chills, joint pain, and fever.

#### How safe and effective is Comirnaty (COVID-19 Vaccine mRNA)?

Overall, the vaccine was 91% effective in preventing COVID-19 disease, with 77 cases of COVID-19 occurring in the vaccine group and 833 COVID-19 cases in the placebo group.

The most commonly reported side effects by those clinical trial participants who received Comirnaty were pain, redness and swelling at the injection site, fatigue, headache, muscle pain, chills, joint pain and fever.

The FDA conducted a rigorous evaluation of the of post-authorization safety surveillance data pertaining to myocarditis and pericarditis following administration of Pfizer-BioNTech COVID-19 Vaccine and determined that the data demonstrate increased risks, particularly within the seven days following the second dose. The observed risk is higher among males under 40 years of age compared to females and older males. The observed risk is highest in males 12 through 17 years of age. Available data from short-term follow-up suggest that most individuals have had resolution of symptoms. However, some individuals required intensive care support Information is not yet available about potential long-term health outcomes. The Comirnaty <u>Prescribing Information</u> includes a warning about these risks.

# Will the emergency use authorization (EUA) for Pfizer-BioNTech COVID-19 Vaccine remain in effect after the approval?

The EUA will continue to cover adolescents <u>12 through 15 years of age</u> and the administration of a third dose to certain immunocompromised individuals 12 years of age and older. Additionally, the EUA will continue to cover the use of the Pfizer-BioNTech COVID-19 Vaccine in individuals 16 years of age and older until sufficient approved vaccine can be manufactured and distributed.

# After FDA granted the emergency use authorization of the Pfizer BioNTech COVID-19 Vaccine were clinical trial participants unblinded so that the placebo recipients could be offered the vaccine?

Yes. After issuance of the EUA, clinical trial participants were unblinded in a phased manner over a period of months to offer the authorized Pfizer-BioNTech COVID-19 Vaccine to placebo participants. These participants were followed for safety outcomes. Overall, in blinded and unblinded follow-up, approximately 12,000 Pfizer-BioNTech COVID-19 Vaccine recipients have been followed for at least 6 months.

https://www.fda.gov/vaccines-blood-biologics/qa-comirnaty-covid-19-vaccine-mrna

### **STAY INFORMED!**

From the desk of Southwest Regional Director Anita O'Neal



#### Greeting Sorors,

The Innovative Southwest Region is vastly Embracing and Falling into many initiatives of the National Sorority of Phi Delta Kappa, Inc. Chapters have been extremely busy planning and preparing for a very productive and successful 2021-2022 sororal year. The variety of activities being conducted to help the Southwest Fall into the category of being a successful region includes the Leadership Book Study of "The Heart of a Leader" by Ken Blanchard and "The Right to Lead" by John Maxwell.

- Basilei Seminar
- Chapter Retreats
- Southwest Regional Retreat
- Xinos and Kudos Leadership Sessions for Advisors
- Krinon Lines
- National P.A.V.E.S. Initiative Day
- SW Region Book Club featured book for this year "The Nation Must Awake My Witness to the Tulsa Race Massacre of 1921" by Mary Jones Parrish
- New SW Initiative for Children and Adult Benefits Project, "Fall into Painting with Pumpkins!"
- Health, Hypertension, and Nutrition (Mindful Meditation)

Southwest Sorors Let's Get Motivated and Excited to Participate in all of the Engaging Activities and Events for the Innovative Southwest Region

Sisterly,

Anita O'Neal SW Regional Director



"If you can't fly then run, if you can't run then walk, if you can't walk the crawl, but whatever you do you have to keep moving forward."

-Martin Luther King, Jr.

From the desk of Far West Regional Director Dr. Elcendia Nord



NSPDK Embracing Technology...Helping our Students Zoom into the Future

Since last month, our Region has grown. We successfully added another Chapter, Zeta Theta, to the Far West. It was a delightful experience. It was filled with sisterly love. The Chartering was well attended, and all reported as having a wonderful and motivating experience. Thanks to all that helped in any way.

We are on the move! We are now ready to reactivate Gamma lota in Sacramento, California. There is more on the horizon. Our goal is to grow and reclaim the inactive chapters. We need your help! Please Sorors if you know of possible future Chapters, contact me and I will explore the possibility.

Love you all!

#### **DELTA RHO**

#### **PDK Olympics**

Delta Rho Chapter Sorors competed in the PDK Olympics on August 21. Sorors completed the Decathlon Drive which was a team event. The Decathlon activities were designed to give Sorors a chance to learn about the chapter's Google Drive and how to complete basic functions. Sorors learned from each other, encouraged each other, and had a great time bonding as sisters. Kudos to Sorors Luvenia Humphrey and Adeola Davies- Aiyeloja for being the first team to finish all 10 Decathlon activities.



Photo: PDK Olympics Winning Team and Chapter Basileus Linda Bardere (L to R) Luvenia Humphrey, Linda Bardere, & Adeola Davies-Aiyeloja

#### **BETA NU**

#### Nu Youth Show Up and Show Out By Faye Anderson

This was a phenomenal year for Beta Nu's Youth. The Kudos and Xinos successfully hosted the Far West Region Youth Leadership Conference (April 10, 2021). The KOTs hosted the first Leadership Conference at the 56<sup>th</sup> Far West Region Conference (May 21, 2021) and presented a workshop at NSPDK, Inc. 98th Anniversary Conclave (July16, 2021). Lastly, our KOT Vice-President Malcolm Mobley was elected as the first National KOT Secretary.

To celebrate the success of our youth, Basileus Eva Allen invited the Kudos, Xinos, KOTs, HUB Parents, Advisors, and Support Team to a congratulatory party at Golden Gate Park in San Francisco, California. Needless to say, a good time was had by all as they enjoyed having pizza, ice-cold drinks, a small Binet, riding the famous Ferris Wheel and viewing the African American Monument in honor of the slaves that survived the Middle Passage. Afterwards, everyone gathered for the awards ceremony. Beta Nu was delighted to give our graduating seniors certificates and monetary awards, Additionally, all the youth received certificates, trophies, and monetary awards for the art competition.

The celebration concluded with the youth expressing their gratitude to each Soror and HUB parent by giving them a bouquet of flowers.





#### **Introducing Zeta Theta of Phoenix, Arizona**



On September 12, 2021, history was made! NSPDK's footprint was increased with the chartering of Zeta Theta - Arizona's first chapter and the first FWR chartering in over 20 years. The 27<sup>th</sup> Supreme Basileus, Margarette Galloway, 26th Supreme Basileus, Dr. Etta Carter and 23rd Supreme Basileus, Ann D. Black, Far West Regional Director, Dr. Elcendia Nord, past Regional Directors, other National, Regional and FWR members were on hand in Phoenix, to witness the induction of 16 phenomenal women. Soror Jean Biddle, FWR Membership Chairman

and sponsoring chapter Beta Phi were the catalysts to make this historic day a reality.

Our national hymn was in action as numerous National Sorority of Phi Delta Kappa Incorporated Sorors from around the country "*welcomed us on every hand*." Our new Sorors were overjoyed and grateful for the outpour of support and the many beautiful red and gold gifts! Phoenix was sizzling hot with 100+ degree temperatures, but we toiled and toiled to offer a beautiful, decorated reception for 50 Sorors, family and friends.

Zeta Theta is composed of accomplished, talented, diverse women, serving in K-12, college/university, and professional organization posts. FWR Director Dr. Nord assisted 27<sup>th</sup> Supreme Basileus Galloway with the installation of Zeta Theta's new executive board which consists of Basileus: Ríco McCoy Burton; 1<sup>st</sup> Anti-Basileus - Ann Williamson; 2<sup>nd</sup> Anti-Basileus - Jayne Price; Grammateus - Julianah Coker; Epistoleus – Darnetta Fair; Tamiouchos – Tylnn Carter and Tamias – Toni Buggs. Zeta Theta is ready to begin its journey under Regional Director Nord's, Beta Phi Chapters', and Soror M. Jean Biddle's leadership. mentorship and enduring support.

Zeta Theta Sorors request (and require) your prayers and support as we excitedly begin our study of the MPP and National Bylaws, to effectively implement and observe our national programs and initiatives. With the motto, *Serving the Heart of Our City, With the City in Our Heart*, the city of Phoenix has expanded the footprint of our beloved National Sorority of Phi Delta Kappa Incorporated.



#### **GAMMA SIGMA**

Gamma Sigma Chapter is distributing hand sanitizers to various Schools, Churches, and Community Centers. We are targeting the Historic Westside of Las Vegas which is predominantly an area of minorities – African Americans and Hispanics. Each site receives a minimum of six bottles unless there is a request for more. Sorors who are still working in schools are taking them to their work site and placing them in the teachers' restrooms. Gamma Sigma recognizes that across the country, minorities are the most threatened with the Covid Virus. Once school began, the cases among children increased. The



Clark County School District has mandated the wearing of masks and in some schools, there are bottles of hand sanitizers at the students' desk. We want to do our part in protecting the students and teachers.









# Providing Avenues of Visibility for our Educational Sorority

On the 23<sup>rd</sup> of each month NSPDK Sorors are asked to proudly wear their RED & GOLD gearing up for the 2023 National Sorority of Phi Delta Kappa, Incorporated 100<sup>th</sup> Centennial Anniversary Conclave. Well, Sorors are off and running across the USA wearing their RED and Gold. Talk about unity for visibility!



P.A.V.E.S. Committee Chair-Dr.

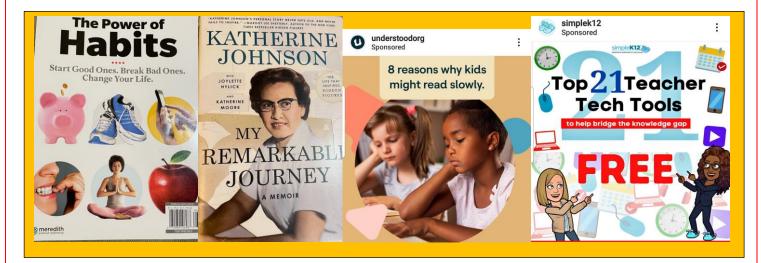




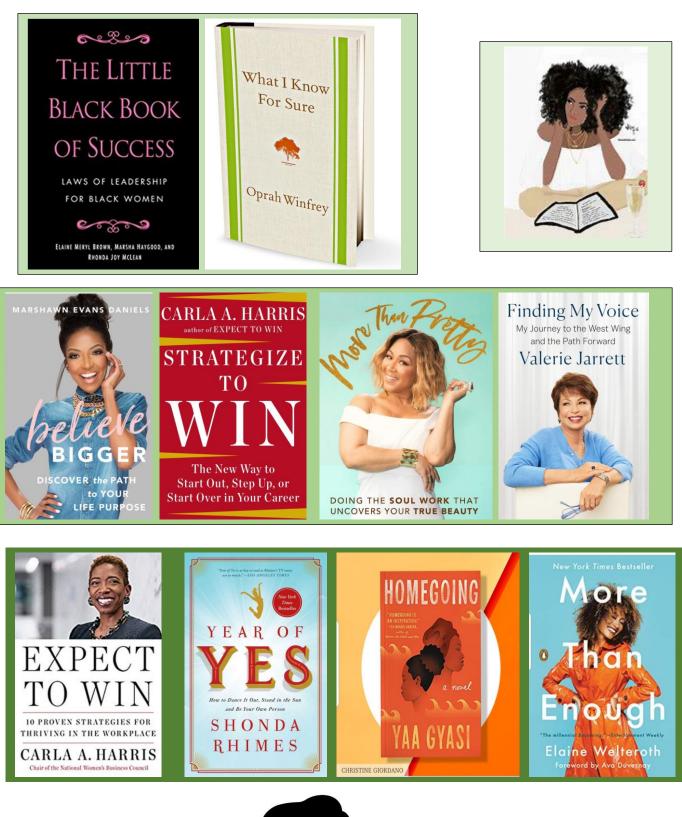




**TEACHERS' LOUNGE** 









#### **TEACHER'S RESOURCES**



#### THE RESEARCH IS IN

Gregg Vignal / Alamy

#### How Novice and Expert Teachers Approach Classroom Management Differently

A 2021 study reveals the ways in which new and experienced teachers think about discipline—plus 6 takeaways for managing your classroom effectively this year. By Youki Terada August 13, 2021

Good classroom management is mostly invisible. While outbursts and disruptions are inevitable in the course of an academic year, they can be kept to a minimum by employing subtle techniques that work behind the scenes to create a positive classroom culture.

Understandably, there's a significant gap between how novice and expert teachers approach classroom management—one that can take years of experience and training to fill, according to a new study. And while there's no replacement for spending time in the classroom, an awareness of the right strategies, and the right mindsets, can put new teachers on the fast track to adopting tactics that work but might feel counterintuitive or risky. Meanwhile, more experienced teachers can benefit from insights that may help them sharpen or extend their existing playbook.

In the study, researchers asked 39 novice and expert teachers—school leaders and mentors in charge of training new teachers—to watch video clips of a high school classroom. In each video, an educator could be observed giving instructions or walking through the class while students worked. During each video, a disruptive event would occur, ranging from students talking loudly to students refusing to participate in the lesson. The teachers in the study provided feedback on the events in the classroom, critiqued the observed teacher's own classroom management strategies, and offered their own solutions.

Here's how expert teachers approached classroom management—plus six teacher-tested strategies to make changes in your own classroom this year.

#### SEEING THE BIG PICTURE

While both novice and expert teachers relied on reactive strategies to address student misbehavior—for example, by giving a reprimand like "Eyes on me!" if students were being disruptive—expert teachers were far more likely to consider how proactive strategies could have prevented the misbehavior in the first place.

New teachers tended to view classroom management narrowly, as a way to respond directly to disciplinary problems, while expert teachers had a "more comprehensive understanding of classroom management and its complexity," the researchers found—conceiving of discipline in the broader context of how lessons were organized and executed, how clearly the teacher communicated expectations, and even how the physical environment was arranged.

#### SEEKING ROOT CAUSES

Expert teachers were more adept at interpreting the causes and influences behind student behavior. If students weren't paying attention, for example, inexperienced teachers were more likely to focus solely on correcting behavior, while expert teachers entertained the idea that the behaviors were situational and sought strategies to improve the learning environment to short-circuit future disruptions.

Compared with novice teachers, experienced teachers tended to have a "more elaborate and interconnected" understanding of student misbehavior, forming a holistic picture of their students.

#### STRIKING THE RIGHT BALANCE BETWEEN AUTHORITY AND AUTONOMY

Establishing a set of rules and then demanding compliance doesn't work, especially with older students. Eventually, expert teachers come to see the classroom as an ecosystem involving a delicate balance between teacher authority and student autonomy. "They viewed student behavior in the context of teacher behavior, thinking about reasons and solutions" instead of overemphasizing "order and discipline."

Sometimes when students act out they are merely exhibiting normal, healthy developmental behaviors. For the most experienced teachers, a healthy classroom is one in which students are allowed some reasonable leeway in their behaviors and are taught how to think of others and regulate themselves.

#### FINDING YOUR PLACE AND TONE

All teachers made efforts to monitor the room, but expert teachers were more proficient, often because they also had greater positional awareness, making sure that they occupied locations where students—and student work—would be in view. For example, one teacher noted that he frequently "walks through the rows and looks at what they (students) are doing"—a common strategy to ensure that students are on task when doing independent work.

Expert teachers were also mindful of how their body language, facial expressions, presence, and ability to control their own emotions affected the emotional state of their students.

"Emotions are contagious, and when a teacher is able to model a calm presence through their tone, facial expression, and posture, students are less likely to react defensively," writes Lori Desautels, a professor of education at Butler University. Work to project enthusiasm, and try to keep cool if at all possible.

#### **GETTING ADAPTIVE**

"Successful classroom management requires the adaptive application of a repertoire of different strategies," the researchers explain. If a student is acting out because they're having a bad day, that's going to require a different approach than if they're frustrated by the difficulty of a lesson or are confused by the instructions—researchers discovered that the latter issues account for 20 percent of classroom misbehavior, according to a separate 2018 study.

As teachers become more experienced, they undergo a "shift in perspective" from "seeing parts versus seeing the whole," the researchers report. While novice teachers relied more on routines and consequences, essentially following a script when it came to managing students' behavior, expert teachers had "adaptive expertise" that allowed them to draw from a variety of strategies depending on the context.

#### TIPS FOR TEACHERS

1. Plan your environment. Your classroom plays a key role in shaping the behavior of your students. A 2018 study, for example, found that heavily decorated classrooms made it harder for students to focus on a lesson, leading to off-task or disruptive behavior. While certain visual elements of the classroom can support learning—anchor charts, maps, images of role models, and displays of student work, for example—an overabundance of decorations can overstimulate.

Seating plans also matter: A 2012 study found that students were three times more likely to be disruptive if they chose their own seat rather than being assigned one. If you're going to offer seating choice—many teachers say it ultimately improves classroom behavior—consider doing so only situationally and provide clear rules to let students know the



consequences of frequent misbehavior.

2. Co-create norms. A common classroom management mistake is to display a list of rules and expect compliance. It can be more productive to have a conversation with your students about the reasons why rules exist, and then produce a set of governing principles by consensus. In California, high school English teacher David Tow instills a sense of shared responsibility and ownership over the classroom's civility by co-creating classroom norms with his students. Together, they identify guidelines like being respectful of others, and then they evaluate the guidelines' feasibility throughout the year, discarding the ones that don't seem valuable, meaningful, or useful.

#### **Conscious Teaching**

Dearborn's suggestions fall into four categories, each with consequences.

3. It's not one size fits all. Find ways to measure the size of the problem, and respond accordingly. When a student misbehaves, Grace Dearborn, a high school teacher and the author of *Conscious* 

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*Classroom Management*, has developed a series of tiered choices framed "as consequences, not punishments" to give students more autonomy. For example, low-level misbehavior might receive a "gentle" response, such as using nonverbal hand signals to encourage students to pay attention, or Dearborn might try "drive-by discipline," like saying the child's name quickly to disrupt the behavior without getting drawn into a bigger battle.

Consequences are clear to the students and increase in intensity if the misbehavior persists: Students may be asked to change seats or take a time-out to reflect on their actions. Ultimately, the most severe consequences—detention or a meeting with parents—are used if the student's behavior doesn't change.

4. Consider what's unspoken. Nonverbal communication like eye contact, body language, and even how you position yourself in the room has an impact on student behavior.

"Presence is crucial to maintaining classroom management and to effective delivery of instruction, and it's a skill we can develop with effort," explains Sol Henik, a high school teacher. Develop your teaching presence—you can record yourself while you're teaching or solicit advice from trusted colleagues—circulate in areas where you can see and be seen, and make productive use of eye contact, not as a tool for surveillance but as a way to connect with your students, project confidence and accessibility, and build rapport.

5. Relationships, relationships, relationships. Ultimately, classroom management begins and ends with strong relationships. A 2018 study found that greeting students at the door set a positive tone for the rest of the day—for example, dramatically improving academic engagement and behavior. Another study concluded that engaging in prosocial activities throughout the school year—such as regular check-ins or morning meetings—can reduce disruptions by up to 75 percent.

Finally, learning a little about students' personal lives through get-to-know-you surveys and identity activities can provide insights into the root causes of behavior. Students can draw their own "identity portraits" to share both visible and invisible details about themselves, like religion, ethnicity, or the hobbies they enjoy. You can also use writing prompts like "What inspires you?" or "What dreams do you have for after high school?" to mine information you can use to deepen relationships and connect classroom lessons to students' interests.

6. Pick your battles (but do battle when you have to). Students who are frequently the target of negative attention—being called out if they're not paying attention or are chatting with another student, for example—are more likely to become disengaged and apathetic, which leads to more behavioral issues in the future, according to a 2016 study. Don't try to fix all misbehavior in your classroom—pick your battles, avoid escalating the situation if you can, and remember that the most effective classroom management strategies are based on building relationships and increasing engagement with the content.





IAIDS Awareness Month, observed every October, supports educational campaigns that disseminate science-based, factual, and clear information to youths, at-risk people, and the general public. With over 37 million people living with HIV worldwide, public information about its prevention, transmission, and treatment must be accurate and widely available.

Advocates have several goals including educating people about the importance of knowing your status and regular testing, lobbying for accessible and affordable testing and treatment, reducing stigma, ensuring the public has accurate information about HIV risk and transmission and supporting patients living with HIV/AIDS.

**Breast Cancer Awareness Month** - The National Breast Cancer Foundation reports that a woman is diagnosed with breast cancer every two minutes. Innovations in research, surgical options and clinical trials give women many more options. With early detection, a woman's survival rate goes up. That's why breast self-exams are an important way for women to give their "girls" a fighting chance, especially during Breast Cancer Awareness Month in October.

National Domestic Violence Awareness Month is recognized each October through educational events, community gatherings, and support groups. In 2018, the Domestic Violence Awareness Project developed a unified theme: #1Thing. The purpose of this campaign is to remind everyone that ending domestic violence starts with just one small action, whether that is seeking help or sharing resources.

**Depression Awareness Month-** Depression can wear you out at the exact time you need all of your strength to fight. Trying to cope is extremely tiring — and it's often difficult to know when others are suffering. That's why, during October, we observe National Depression Education & Awareness Month. This important holiday helps teach us about the signs, symptoms, and treatment options for depression. It also lets all of us know that seeking help — either from a counselor, a trusted friend, or your community — is a sign of hope and strength.





From the Desk of Jarian R. Graham, M.Ed. National Director of Public Relations

#### Handle with Care

If your family is experiencing difficulties at home, I would like to provide additional support at school. I understand that you are not always able to share details and that's okay. If your child is coming to school after a difficult night, morning or weekend please text me, "Handle with Care." Nothing else will be said or asked. This will let me know that your child may need extra time, patience, or help during the day.



### From an uncluttered Mind

A little girl was talking to her teacher about whales. The teacher said it was physically impossible for a whale to swallow a human because even though it was a very large mammal its throat was very small. The little girl state that Jonah was swallowed by a whale.

Irritated, the teacher reiterated that a whale could not swallow a human; it was physically impossible. The little girl said, "When I get to heaven, I will ask Jonah" The teacher asked, "What is Jonah went to hell?" The little girl replied, "Then you ask him".

A Kindergarten teacher was observing her classroom of children while they were drawing. She would occasionally walk around to see each child's work.

AS she got to one little girl who was working diligently, she asked what the drawing was.

The girl replied, "I'm drawing God."

The teacher paused and said, "But on one knows what God looks like."

Without missing a beat, or looking up from her drawing, the girl replied, "They will in a minute,"





#### OCTOBER NEWS FROM WEBSITE CALENDAR

- ✓ Begin plans for Children/Adult Holiday Activities
- ✓ Provide Guidance/Counseling for Xinos and Kudos SAT/ACT Candidates
- Present Annual Program and Budget Reports
- ✓ Breast Cancer Awareness Month
- Provide Guidance for youth SAT/ACT candidates
- ✓ Send out National/Regional /Local Scholarship applications 15th
- ✓ Achievement/Citation Portfolios link due

