



NATIONAL SORORITY OF PHI DELTA KAPPA, INC.

OCTOBER 2019 NEWSLETTER



Dear Sorors,

It's October! YES, it's October!

Looking back over the last month, I am so excited about the amazing beginning of this sororal year! You have started this year with a bang! It is a joy to see the programs and activities posted on social media, and in reading your chapter newsletters. These activities set the stage for your yearlong programs in the areas of youth guidance, educational and professional growth, and giving of time and resources through service projects which help our most vulnerable citizens; children, the elderly, struggling adults, and those living with food insecurities. You are doing all of this in a spirit of grace, sisterhood, generosity, and service. This spirit is contagious.

There are two areas that I wish to bring before you for consideration.

October is Breast Cancer Awareness Month! Give a boost to our sisters, donate to research, and include an awareness seminar in your meetings or programs. Do not neglect the opportunity to inform the males in your family and in our organization, Kudos and Anthropos, about breast cancer possibilities in males and the importance of their awareness of signs and symptoms.

The 10-year Census in 2020 will have an impact on communities and services through 2030! One of the most important duties of each person in the United States is to participate in the Census. Many individuals are reluctant for personal reasons; however, apathy should not be a reason. As educators, our very profession depends on Census data. Whether schools are erected or removed from neighborhoods is based on the census data for that community. Neighborhood services are determined by Census data, including the addition of fire stations, number of police officers, emergency and sanitation services; and the number of electoral seats in the political arena. The NAACP has asked all organizations, especially those with a majority of African American members, to join in this all-out **Call to Action**. Learn all you can about the Census process and make it a critical focus during this sororal year.

In the name of Sisterhood, I ask you to continue to pray for Hurricane Dorian victims in the Bahamas and Hurricane Imelda victims in the cities and areas of Beaumont, Orange, and Port Arthur, Texas in the Southwest Region.

Be blessed, Sorors, as we continue to **Move NSPDK Forward.....Together!**

Love you ALL!

Etta



HIGHLIGHTS

Rocking the Nation with Literacy, the Social Media Challenge & Exemplary Board Displays

National Sorority of Phi Delta Kappa, Inc. Zeta Beta Chapter

The National Sorority of Phi Delta Kappa, Inc., from the Southwest Region holds the number one position for Reading Across the NSPDK, reports President Germain Jackson Eddie.

The five regions of the National Sorority of Phi Delta Kappa, Inc., are as follows: Eastern, Southeast, Midwest, Southwest and the Farwest. At the 96th Anniversary Conclave in St. Louis, Missouri the National Literacy Chair, Marion Wilson, reported during the 2018 and 2019 sororal years all of the chapters combined had 47,202 and 56,193 respectively.

The Zeta Beta Chapter of the Southwest leads, in the nation, in 2018 and 2019 with reader signatures of 4,127 and 6,788, respectively. The Zeta Beta Chapter totaled 10,915 reader signatures over the 2018 – 2019 past two years. “Hats off to the Southwest,” from National Literacy Chair, Marion Wilson. Zeta Beta has made the Southwest Region and the National Sorority of Phi Delta Kappa, Inc., proud. It does not end there! The Southwest took the lead, not only in the Southwest, but came in first in the nation. More than half of the readers came from the Southwest.

The National President of Phi Delta Kappa, Inc., Dr. Etta Carter, defined the Southwest Literacy Chair, Dr. Ella Williams, as “a mover and a shaker” for the Reading Across NSPDK literacy initiative. National First Vice President of Programs, Margarette Galloway, is thrilled to see the momentum in Reading Across NSPDK. Regional Director, Dr. Sylvia Williams, appointed, Dr. Ella Williams

as the Southwest Regional Literacy Chair in 2017. Kudos to Dr. Ella Williams for her leadership in this effort.

Mrs. Germain Jackson Eddie is a national award winner for the “Social Media Challenge.” The Zeta Beta Chapter also received a certificate for the Exemplary Board display at the National Conference.

#1 In Reading Across NSPDK Nation – Southwest Literacy Chair, Dr. Ella Williams
Recipient Zeta Beta Chapter Port Arthur, Texas



Left to right: Southwest Literacy Chair, Dr. Ella Williams, Mrs. Germain Jakson Eddie and National Literacy Chair, Marion Wilson

1 National “Social Media Challenge” recipient – President, Mrs. Germain Jackson Eddie,
Zeta Beta Chapter Port Arthur, Texas



Left to right: National 1st Vice President of Programs, Maragette Galloway, Marion Wilson, Mrs. Germain Jackson Eddie and Southwest Regional Director, Sylvia Williams

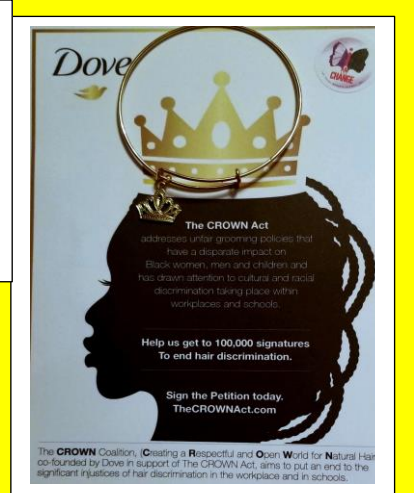
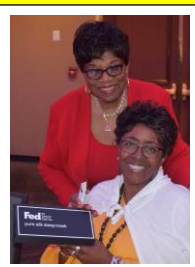
EPSILON BETA NEW KRINON LINE

The Epsilon Beeta Chapter, Southwest Region would like to announce our new Krinon Line that was inducted into the Krinon Club on September 22, 2019. The five ladies inducted are as pictured below left to right: Devon Thompson, Jessilyn Taylor Yarber, Sharmecia Jackson, NaTasha Crain, and Angela Lacy.



STRONG SHOWING OF SORORS...

BLACK WOMEN'S AGENDA





1,000 “Welcome Back” Brochures

Brochures created by Basileus, Aaryenne S. White, Eta Chapter, Camden, New Jersey, filled with classroom strategies and apps were given to 1,000 teachers in Camden County schools and one Philadelphia high school. Sorors distributed brochures and crates full of supplies for novice teachers.

Pictured below are:

Dr. Maryanne Alexander, Vanessa Jenkins, and Jarian R. Graham.



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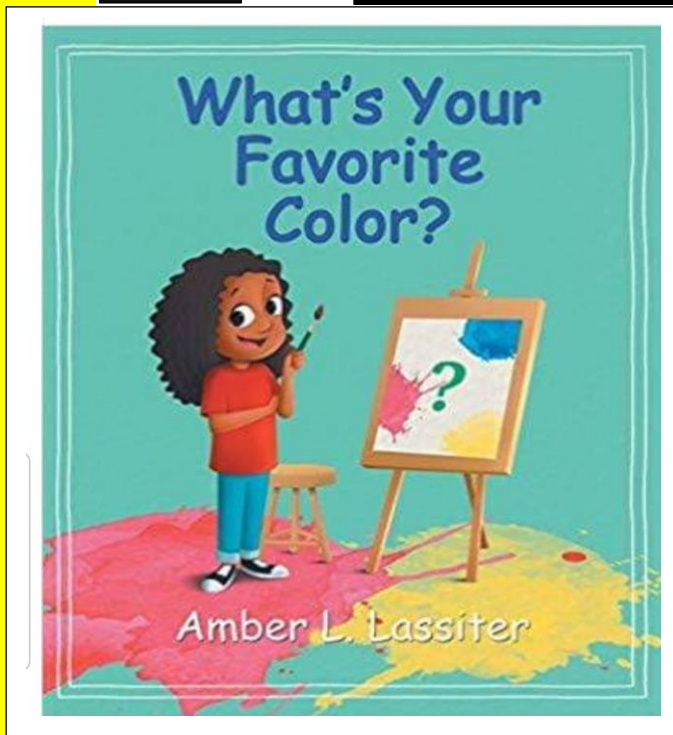
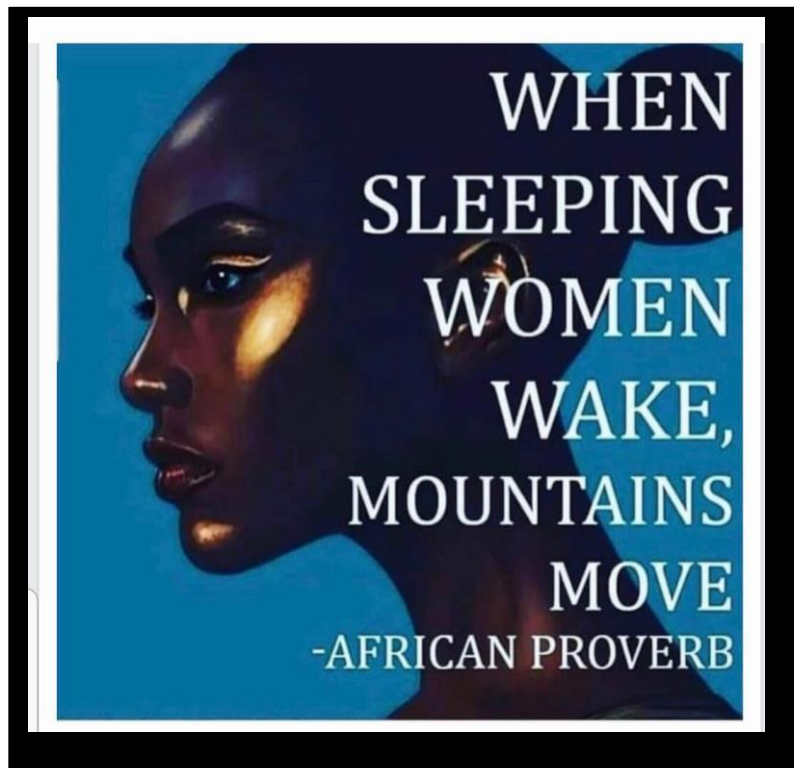
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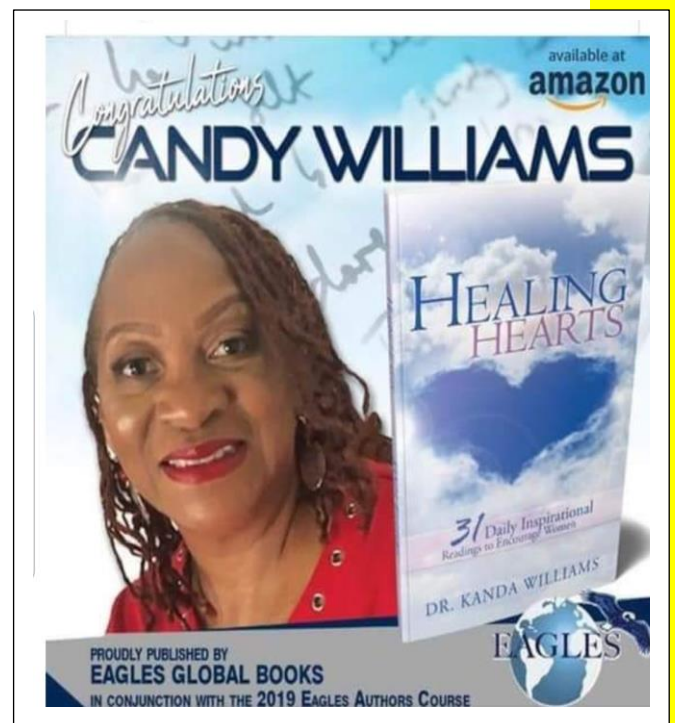
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AUTHORS



New book written by Delta Nu
Soror Amber Lassiter



New book written by Eta
Soror Dr. Candy Williams



**Gamma Nu Chapter
Soror Brenda Robinson a NEA
Director, on Capitol Hill lobbying
on behalf of students and
educators in Arkansas public
schools.**

Tau Chapter congratulates Soror Kasi Bolden as she was recognized at Warren Central High by students as an excellent teacher and mentor.



Connected with NSPDK, INC. lately?



LET'S CONNECT WITH NSPDK, INC. ON SOCIAL MEDIA #NSPDKSORORITY #NSPDK

FOLLOW US ON TWITTER



www.twitter.com/nspdkSORORITY

LIKE US ON FACEBOOK



www.facebook.com/452993078387792

FOLLOW US ON INSTAGRAM



www.instagram.com/nspdkSORORITY

FOLLOW US ON PINTEREST



www.pinterest.com/nspdkSORORITY

SUBSCRIBE TO OUR YOUTUBE CHANNEL



www.youtube.com/channel/UC5LygBM0Qvede0bD4VHvivQ

SHARE OUR BLOGGER



<http://nspdkSORORITY.blogspot.com>

SUBSCRIBE TO OUR LINKEDIN GROUP



www.linkedin.com/groups/8609761

VISIT OUR WEBSITE



www.NSPDK.org

WWW.NSPDK.ORG

ARE YOU AWARE?

The month of October celebrates over 118 holidays and causes. Here are just a few for discussion in meetings, classrooms, or community centers.



We're fortunate to have older people around us, whether they're family, friends, or just general acquaintances. Older people are full of wisdom, experience, and storytelling. They can inspire us to continue striving — or warn us of dangers we're unaware of. We should look to them for guidance whenever and wherever possible. Unfortunately, far too often we tend to forget — or, worse, downright ignore — the older people in our lives. That's one of many reasons why the International Day of Older Persons on October 1 is such a terrific holiday.

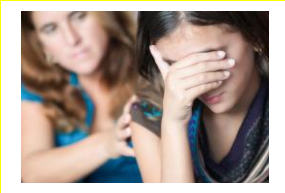


Otherwise known as “National Custodial Worker’s Recognition Day”, October 2 is dedicated to recognizing the hard work that it takes to keep our public facilities in tip-top shape. Without custodians, there’s a good chance our schools and office buildings would look like a hot mess. Custodians have the difficult task of making sure that our buildings are properly maintained and cleaned—which is no small endeavor! On National Custodian Day, make it a point to show your appreciation for all of the hard work custodians do on a daily basis.

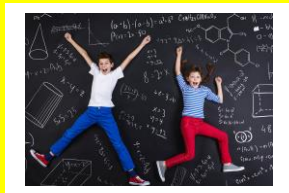


On October 5, take time to celebrate World Teachers’ Day—a worldwide event launched by the United Nations Organization for Education, Science and Culture (UNESCO) in 1994.

Just as Matilda had Ms. Honey, Harry had Dumbledore, and Cady had Ms. Norbury, chances are that you, too, had a favorite teacher who helped you become the person you are today. Considering that teachers mold future generations, taking one day every year to say “thank you” is the least we can do.



Roughly 40 million adults in the U.S. struggle with depression or anxiety. Not to mention the family, friends, and coworkers that are also impacted. National Depression Screening Day is held annually on October 10. It's important for many reasons. First, it can help people make an informed diagnosis. It also drags depression out of the darkness. And perhaps most important, it can bring help to those that need it



Since *World Maths Day* was founded in 2007 by 3P Learning, the popularity of *World Maths Day* has multiplied fast. Celebrated on Oct. 15 each year, the day encourages students globally to take a break from standard math lessons. Instead, they can participate in competitive math-themed games, giving them the opportunity to win prizes and scholarships. It's now associated with the World Education Games, linking schools across the globe



Twenty-four hours. No excuses. What are you going to write? The National Council of Teachers of English has designated October 20 as the National Day on Writing. Don't quite know where to begin? True, nothing's quite as scary as staring at a blank page (or Word document), but you can do it. Start slow. One sentence at a time. Soon, you'll have a poem, a journal, a story, the first chapter of a novel, or just a really poignant FB post. Go ahead. Unleash your creativity. Put it in writing.

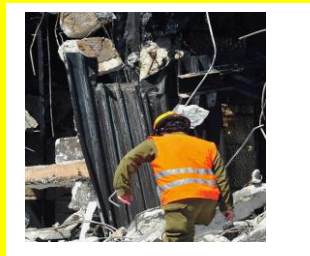




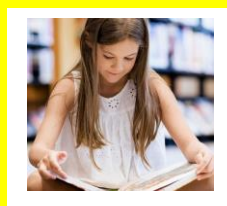
Today marks the 72nd United Nations Day, which UN leaders say is meant to highlight the grave importance of sustainable development. UN Secretary General Ban Ki-moon has ensured that the organization has put together 17 goals it plans to meet by 2030, all in the name of creating a better life for everyone on the planet. So take a moment today to consider the incredible impact the United Nations has had in every corner of the globe for more than 70 years.



Art as a creative human expression encapsulates myriad things. It portrays the beauty of life or a bitter reality. It records history, revolutions, rebellions, and sometimes is a means to escape them. In short, there is no history or culture without art. That's why days like National Art Day, celebrated on October 25, are important. Also known as International Artist's Day, this day celebrates all forms of art — paintings, sculpture, photography, architecture, music, and more. Through this celebration we show our respect for the passion and creativity in all artists.



These are the men and women who make it their business to take action when disaster strikes. They are on the scene of fires, car crashes, hurricanes, and school shootings. Whether you've had your own emergency or not, chances are you've caught a glimpse of the dangerous and difficult work they do. National First Responders Day takes place on October 28-a day to show gratitude to these everyday heroes.



National Book Month is held each October 1-31, 2019. The month-long celebration focuses on the importance of reading, writing and literature. National Book Month is also a time to honor the country's best books and authors.

- National Domestic Violence Awareness Month 2019 – October

National Domestic Violence Awareness Month is recognized each October through educational events, community gatherings, and support groups. In 2018, the Domestic Violence Awareness Project developed a unified theme: #1Thing. The purpose of this campaign is to remind everyone that ending domestic violence starts with just one small action, whether that is seeking help or sharing resources.

- AIDS Awareness Month 2019 – October

About 37 million people worldwide are currently living with HIV. And more than 1 million people died from AIDS-related causes in 2016. Upwards of 88 million people have become infected with HIV since the start of the epidemic. And worldwide, another 1.8 million people became infected in 2016.

These numbers are scary — but they hide an incontrovertible truth: Life expectancies for people with HIV and AIDS continue to increase. In fact, AIDS-related deaths have fallen by 48 percent since their peak in 2005. Increased education and awareness, early detection, new treatments and improved health care all point to a continuing increase in life expectancy for those diagnosed with AIDS. And in honor of AIDS Awareness Month in October, we'd like to do our part to add to that body of knowledge

- Blindness Awareness Month 2019 – October

It's time to get the straight facts about blind or visually impaired people during Blindness Awareness Month in October. Organizations around the world inform the public about good eye health and the latest innovations in research. It's also an ideal time to clear up any misconceptions about the daily lives of blind or visually impaired people. Follow inspirational stories by and about people who successfully go beyond victimization and depression to the joys of living satisfying lives. Learn how blind and visually impaired people are advocating for more resources and full recognition as valuable members of society.

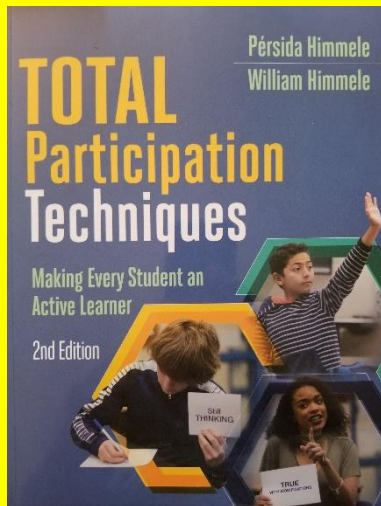
- Breast Cancer Awareness Month 2019 – October

The National Breast Cancer Foundation reports that a woman is diagnosed with breast cancer every two minutes. Innovations in research, surgical options and clinical trials give women many more options. With early detection, a woman's survival rate goes up. That's why breast self-exams are an important way for women to give their "girls" a fighting chance, especially during Breast Cancer Awareness Month in October 2019.

- National Bullying Prevention Month 2019 – October

It's aggressive, mean, and potentially life-threatening. Bullying comes in many forms, none of which are acceptable. According to a recent federal survey, nearly 20 percent of U.S. high school students reported being bullied on school property within the past year. (Fifteen percent reported cyberbullying.) So how can we help? We can start by launching a community-wide educational effort that focuses on celebrating our differences. October's National Bullying Prevention Month reminds us that students, parents, teachers, and school administrators all play a role. Positive change comes as we begin to emphasize respect and inclusion on campuses across the country.

TEACHERS' LOUNGE



Recently I read pages xi-169 of, *Total Participation Techniques: Making Every Student an Active Learner* by Pésida Himmele and William Himmele. I became interested in this book because I was looking for strategies to increase engagement, strategies that were low prep, and those that could be applied to a variety of content areas. The author begins by making a comparison between students and lecture style classrooms and teachers and professional development sessions that are lecture style. They note that many adults have coping mechanisms that students don't have. Some students will find ways to become actively disengaged, many are respectfully but passively disengaged. Most students aren't allowed to carry cell phones and chatter in class. Often students are

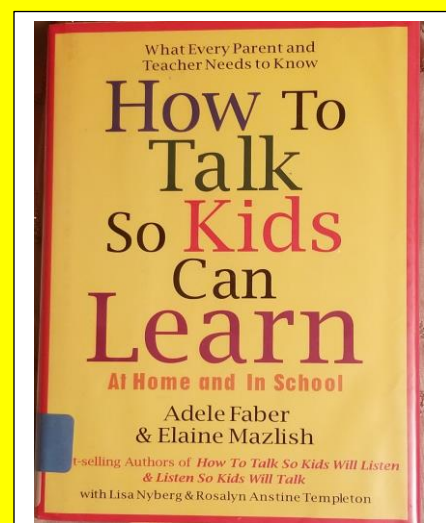
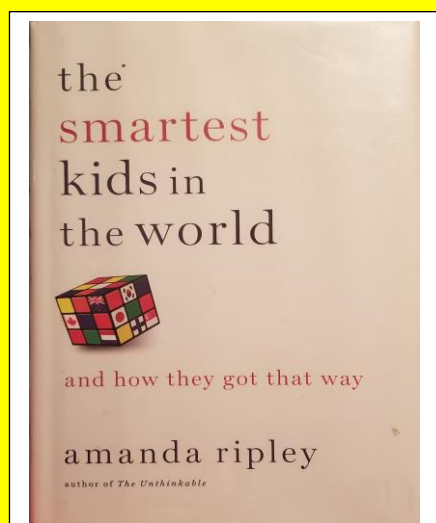
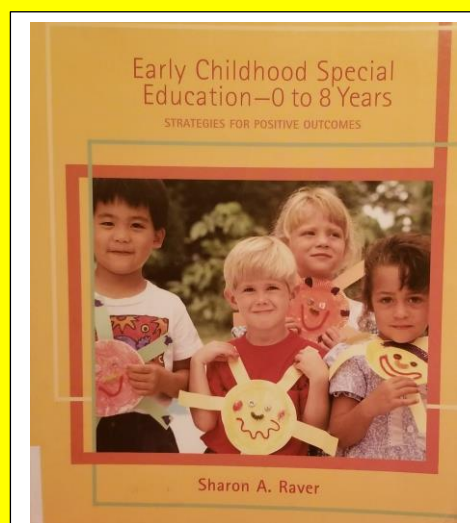
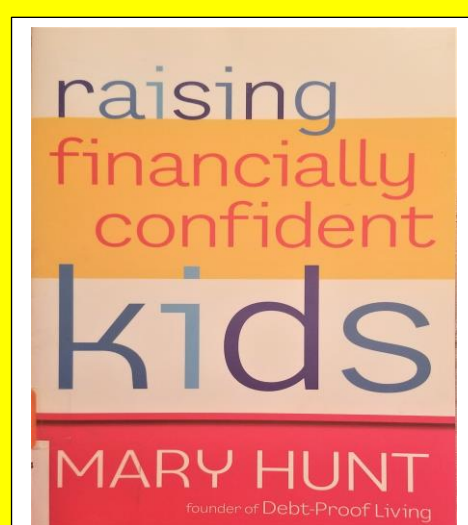
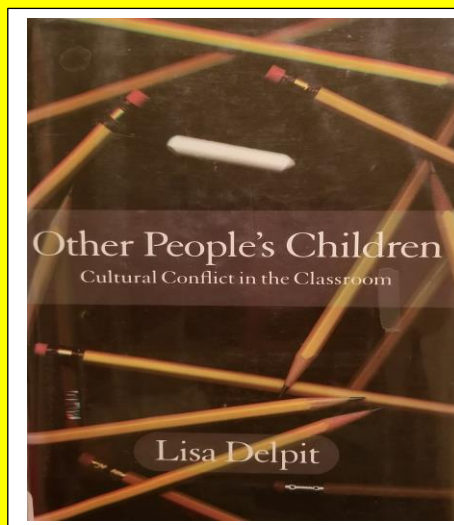
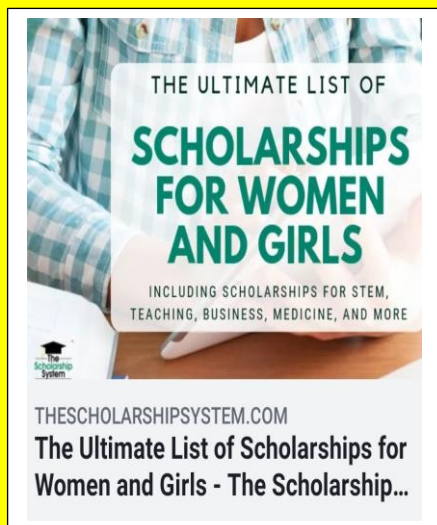
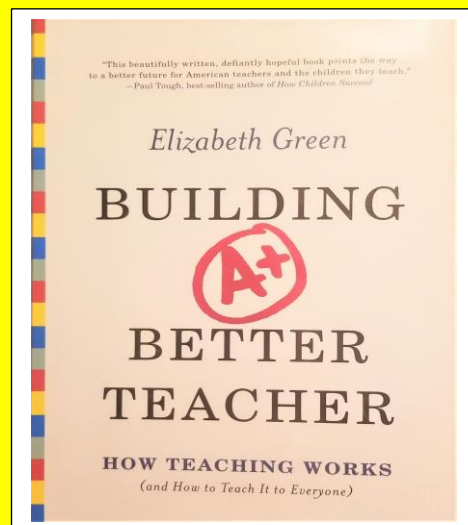
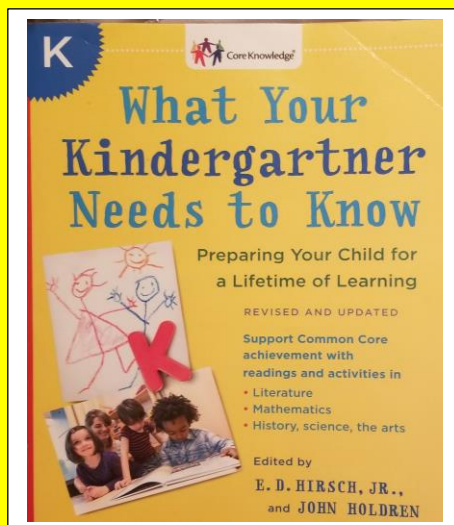
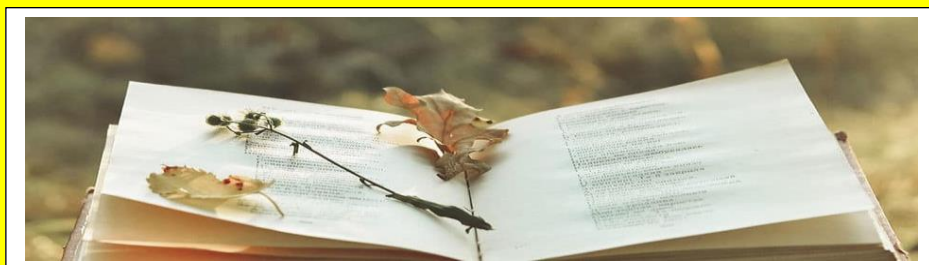
sitting on the periphery of the classroom looking at the teacher, but in reality, they're miles away - from being actively in cognitively engaged.

The goal of the book is to provide an alternative to stand and deliver teaching through total participation techniques. The strategies in the book hope to provide ways to engage all students actively and cognitively in the learning process. Throughout the book the authors present information about total participation techniques/engagement, classroom ready total participation techniques, and total participation.

In more depth, information on formative assessment tools and building a total participation technique for classroom conduct. The authors define total participation techniques as “teaching techniques that allow for all students to demonstrate, at the same time, active participation in cognitive engagement in the topic being studied.” The authors believe that through total participation techniques teachers will become stronger and fewer students will fall through the cracks of the educational system. The authors make a correlation between boredom and engagement and disengaging students and dropping out of school. The reasons for dropping out of school vary depending on the student, but among the top reasons include boredom and the irrelevance of school. The authors also state that they made a concerted effort to connect total participation techniques and higher order thinking. Creating classroom opportunities for developing higher order thinking is essential for helping students become critical thinkers, problem solver, innovators, and change makers upon which every society thrives. The authors hope that once teachers start implementing total participation techniques that the experiences will change a teacher's expectations regarding student's demonstrations of learning.

The book continues by listing each strategy and giving it a description, how it works, and tips for how a teacher can ensure higher level thinking. The book also includes insightful conversations with teachers, who eloquently phrased that this book provides real life examples of how a teacher may implement the techniques in their own content areas. -J. Graham

More Professional Readings...



*Tell me
and I forget.*

*Teach me
and I remember.*

*Involve me
and I learn.*

•
Ancient Chinese Proverb

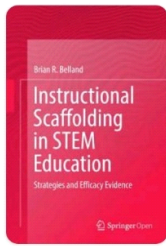
50 QUESTIONS TO ASK YOUR KIDS AFTER SCHOOL INSTEAD OF "HOW WAS YOUR DAY?"

- What made you smile today?
- Can you tell me an example of kindness you saw/showed?
- What did you do that was creative?
- Who did you sit with at lunch?
- Was anyone in your class gone today?
- Tell me something you know today that you didn't know yesterday.
- Did you like your lunch?
- What was the hardest rule to follow today?
- If you could change one thing about your day, what would it be?
- What made your teacher smile?
What made her frown?
- If you could switch seats with anyone in class, who would it be? And why?
- What kind of person were you today?



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APPS



Instructional Scaffolding in STEM Education: Strategies and Efficacy Evidence

Brian R. Belland
Springer

About this ebook

This book uses meta-analysis to synthesize research on scaffolding and scaffolding-related intervention in STEM (science, technology, engineering, and mathematics).



Defiance



Lying



Cheating

About this app...

Featuring more than 400 ideas for managing 25 typical classroom behaviors

Remind: School Communication

Remind101

About this app

School communication



Khan Academy Kids: Free educational game & books

Khan Academy

About this app

Thousands of fun activities to help kids learn math, reading, spelling, and more.



Google Classroom
Google LLC

4.4 ★
103K reviews

10M+
Downloads

E
Everyone

Install



About this app

Connect with your classes and do assignments on the go.

13 Amazing Teacher Resources for Free!!

Who doesn't love free?



Elizabeth Mulvahill is a passionate teacher, writer and mom who loves learning new things, traveling the globe and everything Zen.

Teachers are always on the lookout for new inspiration and new ideas, but who's got time to plow through the zillions of resources on the internet? Well, good news! We've done the research for you and here are 30 of our top sources for free teacher resources including lesson plans and activities created by fellow professional educators (marked with an asterisk). Happy hunting!

1. [Amazon Inspire](#)*

Amazon Inspire is an open collaboration service that allows K-12 teachers to easily discover, gather, and share quality educational content with their community.

Sample Lessons: [Career Spotlight: Kite Designer](#), [Global Warming Integer Project](#), [The Life Cycle of a Snowman](#) and more.

2. [Arts Edge](#)

Sponsored by the Kennedy Center, Arts Edge provides arts-centered, standards-based resources for K-12.

Sample Lessons: [Animal Habitats](#), [Five Artists of the Mexican Revolution](#), [Creating Comic Strips](#)

3. [Common Lit](#)

Free collection of reading passages in all literary and non-fiction genres for grades 3-12. Passages come with text-dependent questions which help you track student progress.

Sample Lessons: [Life Isn't Fair- Deal With It](#), [Who Was Anne Frank](#), [Witchcraft in Salem](#) and more.

4. [Common Sense Media](#)

Common Sense Media is a nonprofit dedicated to providing educators and students with resources to harness the power of technology for learning and life. Free lessons K-12

Sample Lessons: [My Writing, My Peer and Me](#), [The Three Billy Goats STEM Challenge](#), [The Ants Go Marching](#) and more.

5. [Discovery Ed](#)

Discovery Education offers a broad range of free classroom resources that complement and extend learning beyond the bell. In addition, DEN Educators is an online community that provides teacher-to-teacher shared ideas and resources.

Sample Lessons: [Weather Maps](#), [Understanding Probability](#), [Understanding Stereotypes](#) and more.

6. [Education World](#)

Education World is a complete online resource for teachers, administrators and school staff to find high-quality and in-depth original content. They offer more than 1,000 free lessons. Sample Lessons: [Wacky Weather](#), [What Would Oprah Say?](#), [Changes in Habitat](#) and more.

7. [Everfi](#)

Everfi offers free digital courses that are interactive and standards-based. The focus is on real-world learning, with courses offered in financial literacy, STEM, social-emotional learning, health and wellness, and more.

Sample Lessons: [FutureSmart – Middle School Financial Education](#), [The Compassion Project](#), and [Mental Wellness Basics](#).

8. [Jumpstart](#)

Jumpstart offers free teaching materials (activities, worksheets, lesson plans) for K-5 teachers that have been designed by experts or tried and found useful by other teachers.

Sample Lessons: [What a Wonderful World](#), [Art of Recycling](#), [Power Up](#) math activity and more.

9. [Library of Congress](#)

The Library of Congress offers classroom materials and professional development to help teachers effectively use primary sources from the Library's vast digital collections in their teaching.

Sample Lessons: [Alexander Hamilton primary source set](#), [Baseball Across a Changing Nation](#), [Using Primary Sources](#) and more.

10. [Literacy Design Collaborative*](#)

LDC is a national community of educators which provides literacy-rich assignments and courses (organized by collection) across content areas.

Collections include: [K-6 Civics Collection](#) (19 modules), [National Writing Project](#), [NBCT Authors](#) and more.

11. [NASA](#)

Search hundreds of resources by subject, grade level, type and keyword. These lesson plans and teaching materials support K-12 STEM curriculum.

Sample Lessons: [Moon Munchies](#), [Bubble Rocket](#), [Mars activities](#) and more.

12. [National Gallery of Art](#)

According to their website, the mission of the National Gallery of Art is to serve the USA in a national role by preserving, collecting, exhibiting, and fostering the understanding of works of art, at the highest possible museum and scholarly standards.

Sample Lessons: [Elements of Art: Shape](#), [Rousseau in the Jungle](#), [Gordon Parks Photography](#) and more.

13. [National Geographic](#)

Bring National Geographic to your classroom through lesson plans, maps and reference resource.

Sample lessons: [Wild Horses of the Outer Banks](#), [El Nino](#), [Traces of Ancient Rome in the Modern World](#).

MORE FREE TEACHER RESOURCES NEXT MONTH!



We can all learn an invaluable Leadership Lesson from this pack of wolves:

The 3 in front are old and sick. They walk in front to set the pace.

The next 5 are the strongest. They protect the front side from an attack.

The middle group is fully protected.

The 5 behind them are also among the strongest. They protect the back side.

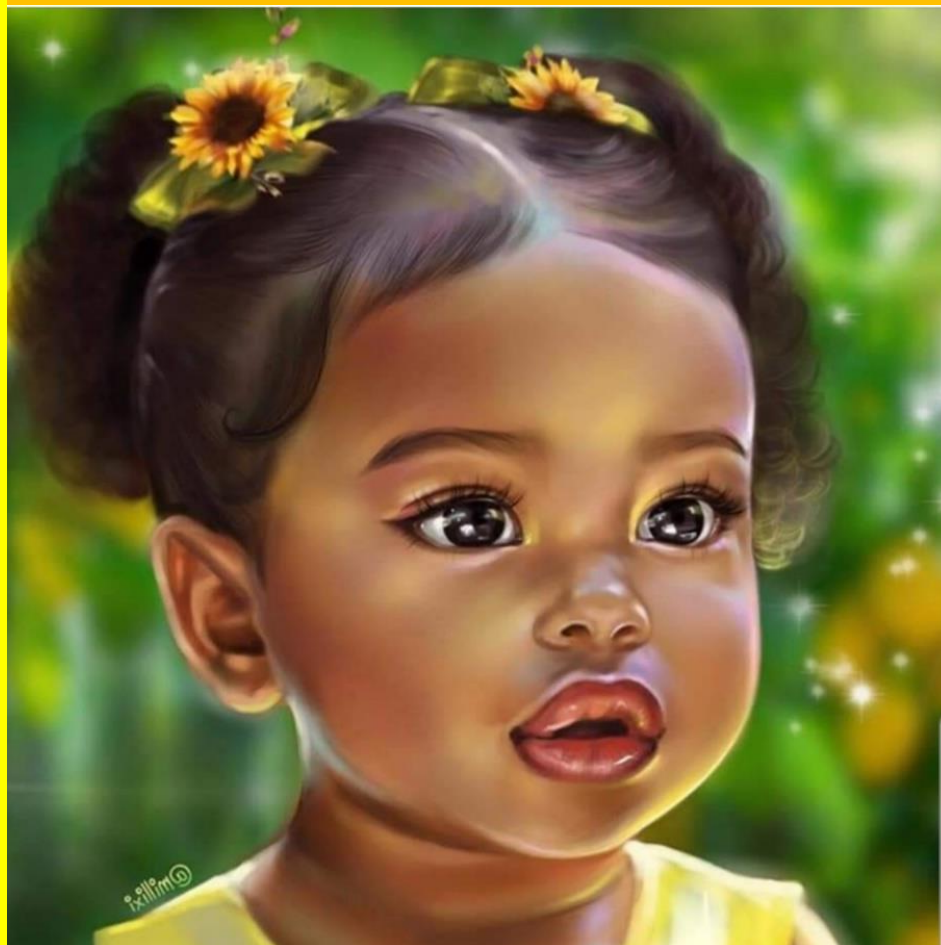
The last wolf is the LEADER. He ensures no one is left behind. He keeps the pack tight and on the same path. He is ready to run in any direction to protect his pack.

Being a leader is not about being in front.

It's about taking care of your team.



A Child is like a butterfly
in the wind
Some can fly higher than
others,
But each one flies
the best it can.
Why compare one against
the other?
Each one is different.
Each one is special.



RETREATS & CLUSTER MEETINGS

National Sorority of Phi Delta Kappa, Inc 2019 Retreat filled with workshops & sisterhood. ❤️



Madam Supreme Basileus, Dr. Etta F. Carter, Gamma Nu, attended Fort Worth, Texas 2019 Southwest Region Cluster Retreat.

**Eastern Region Director, Dr. Patsy Squire, and Eastern Region
Executive Board attended Cluster meetings 1-5.**



CLUSTER 1



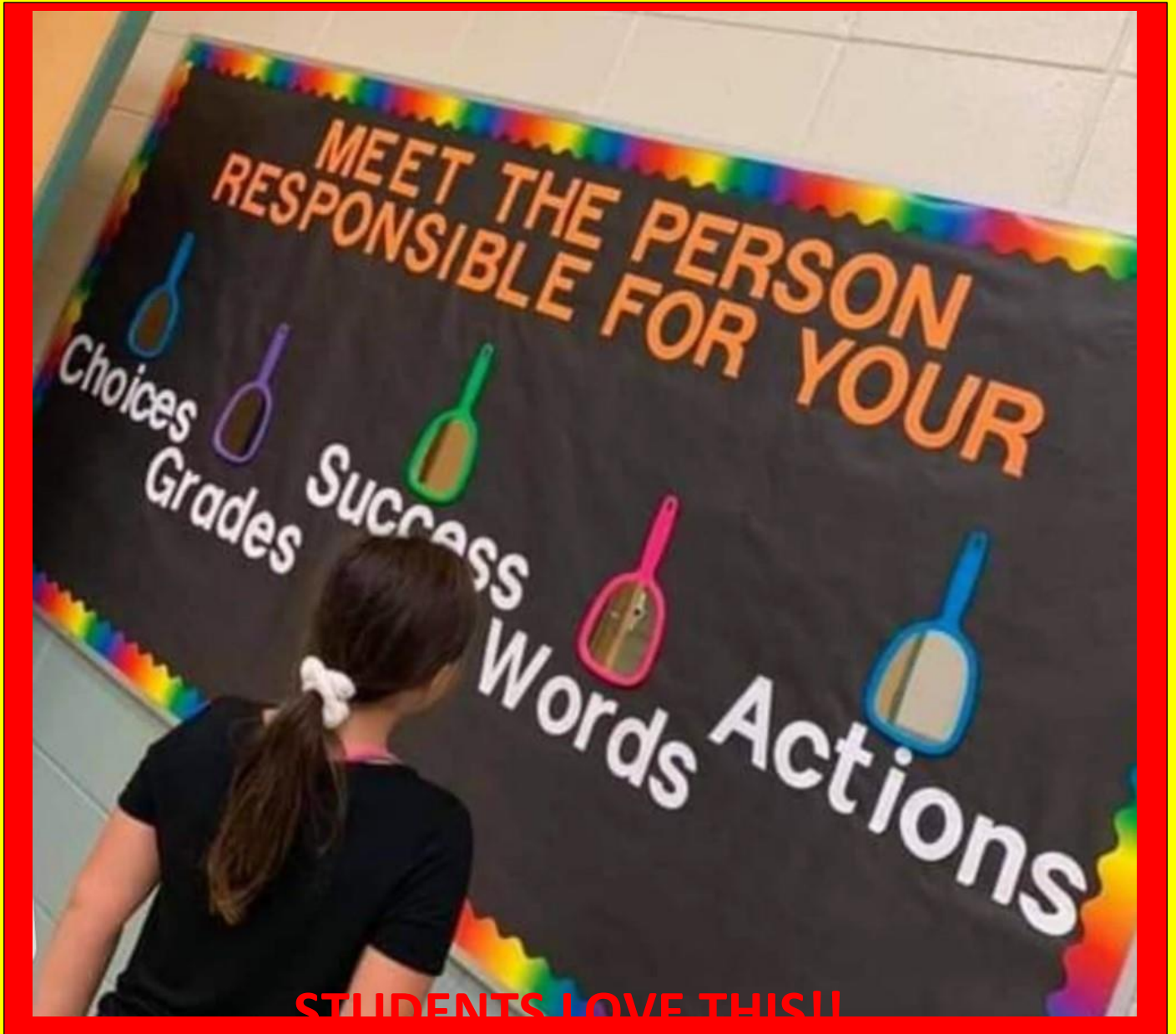
CLUSTER 2

CLUSTER 3



CLUSTERS 4 AND 5

TRY CREATING THIS BULLETIN BOARD...



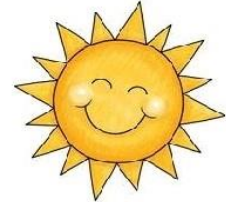
STUDENTS LOVE THIS!!



Self-Care for Educators



**Treat yourself
when you need it**



**Remember to
start fresh every
day**



**Connect with
uplifting colleagues**



**Do physical
activities you enjoy**



**Take a break when
you need one**



**Use positive self-
talk**



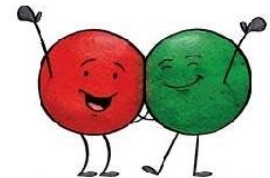
**Go for a walk or
spend time outside**



**Read a good book
(just for you)**



**Plan an activity
to look forward
to**



**Spend time with
friends and family**



**Leave work at
school for the night
or weekend**



**Spend less time
on social media**



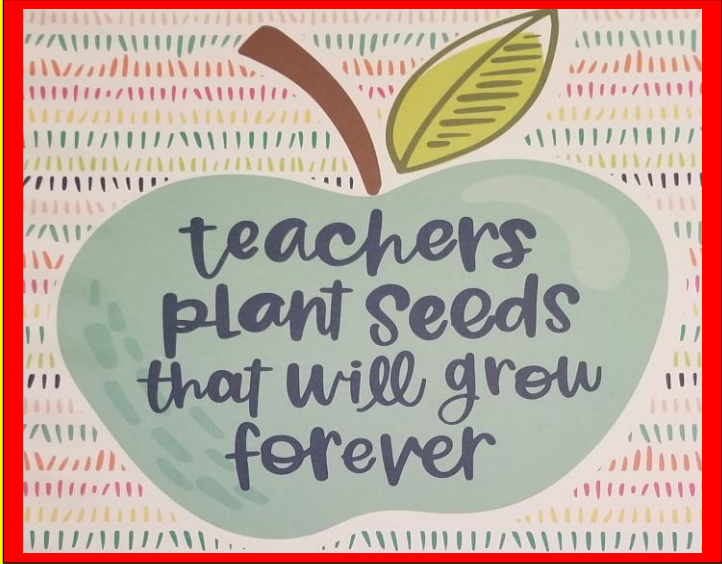
**Bring healthy
snacks and meals**



**Be comfortable
saying "no" to
more obligations**

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**teachers
plant seeds
that will grow
forever**